

DOIT[®]



DOIT[®]

phone: +65 6258 4678 || email: sales@doit.com.sg

© 2025 DOIT Fitness, Inc.
All rights reserved. Specifications subject to change.



CONTENTS

Introduction	1 - 6
DO!T Sync & Scan Hub	7 - 16
Freeway Series	21 - 26
Fortis Series	27 - 38
Sprint Series	41 - 42
DForce Series	53 - 68
Innova Pro / Innova Series	69 - 82
Bench & Rack	85 - 92
Robur Series	93 - 100
ComboX	101 -108
Air Series	109 -122
Timber Series	123 - 132
Accessories	133 -164

BRAND INTRO

About Us

Founded in 2012, **DO!T** is a professional-grade fitness brand recognized across both commercial and athletic environments. Built on the principles of **Design, Originality, Intuitiveness, and Technology**, our equipment emphasizes safety, comfort, effectiveness, and simplicity—supporting everyone from elite athletes to everyday gym-goers.

Our commitment to innovation has earned international recognition. The **Fortis 900 Series** received the *2018 International Design Award*, and we continue to lead the industry with breakthroughs such as non-console treadmills, distinctive slat-belt running systems, and touchscreen-integrated strength equipment.

This is **DO!T**—where purposeful design meets performance.



Design

We craft equipment that is robust, sleek and ergonomic for our users and operators.



Originality

Embracing originality, we carefully curate the finest ideas and materials to craft our exceptional products.



Intuitiveness

We did all the considerations for your ease



Technology

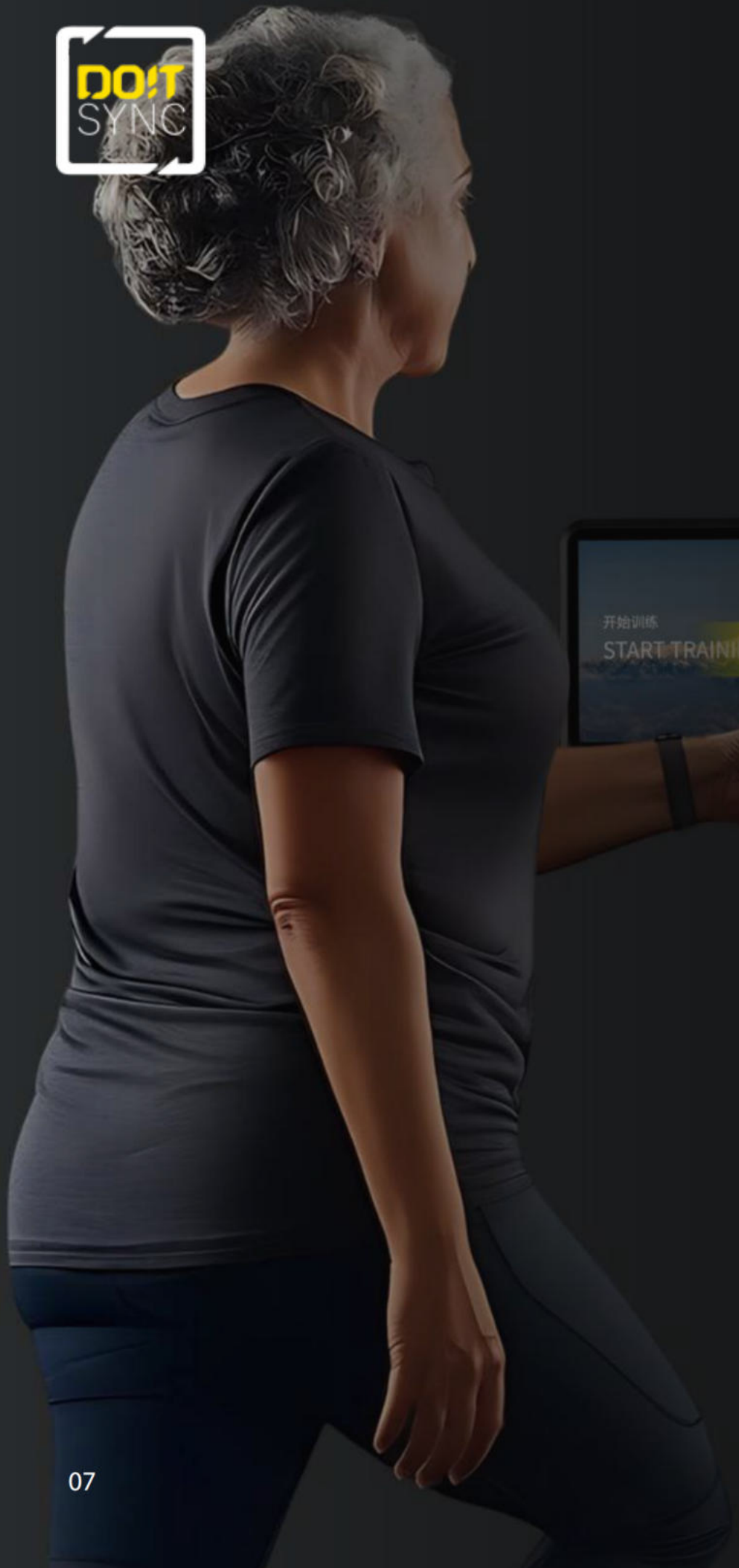
We integrate cutting-edge innovations into our equipment to elevate user experience

Make Data Decisions

Having an integrated, intelligent management backend is valuable to collect data in today's health and fitness industry. With the **DO!T Cloud Data System**, it helps integrate terminal exercise data, user profiles and strengthens asset operations, hence providing valuable data support for decision-making.

DO!T Sync Exists To Resolve These Issues

The **DO!T Sync** has successfully built a smart management platform by covering simple data aggregation to a holistic health management solution which in turn empowers business ventures as well as individual users to make smarter decisions. It is a comprehensive intelligent health data solution centered on a unified account system, open hardware access and flexible scenario adaptation.



01 Scan Hub

The intelligent physical fitness testing station includes dynamic and static tests.

AI-driven data tracking and progress comparison reports.

02 Smart Cardio

Fortis 900 Series Freeway Series
Sprint 800 Series



CHEST PRESS

04 DO!T Sync

Intelligent management system

Integrate data to generate AI-driven reports and tracking information, and optimize the training plan.

03 Smart Strength

Innova Pro Series
DForce Series

DO!T Sync

An integrated solution for your fitness facility

DO!T Sync is an intelligent back-end management system developed by DO!T based on multimodal data fusion and artificial intelligence analysis. By collecting fitness test results from Scan Hub fitness measurement stations, connecting aerobic and strength data, integrating operational tools such as asset management, and relying on AI data analysis, it forms an integrated data analysis dashboard and asset management system, empowering fitness venues to achieve intelligent management and service upgrades.

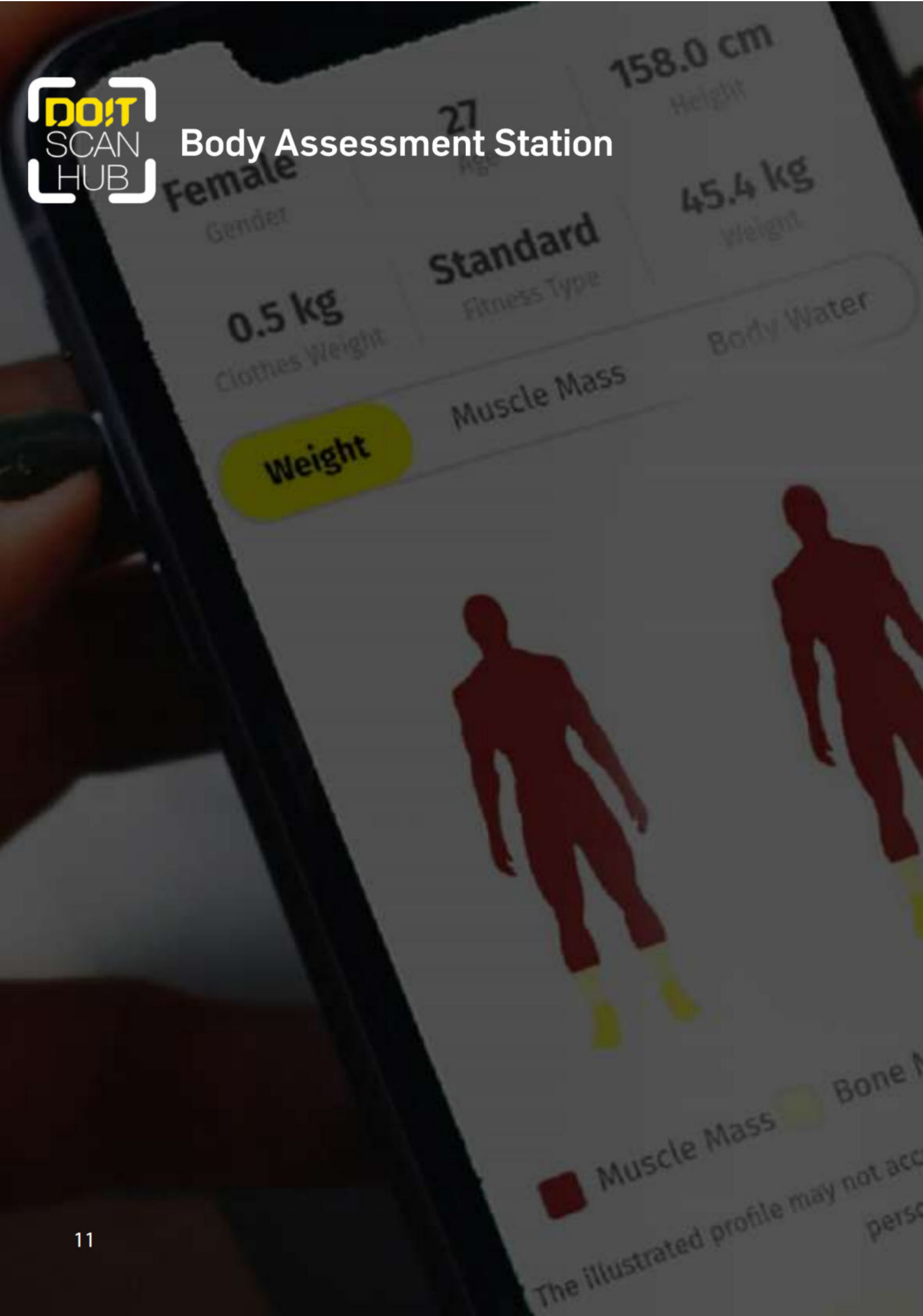


Your All-in-One Fitness Integration Platform





Body Assessment Station



Assessment Solutions

Measure First, Train Smarter

Dynamic Evaluation

Rapid Exercise Risk Assessment & Training System (RE-RATS test)



Static Evaluation

Body Composition *Data from Tanita



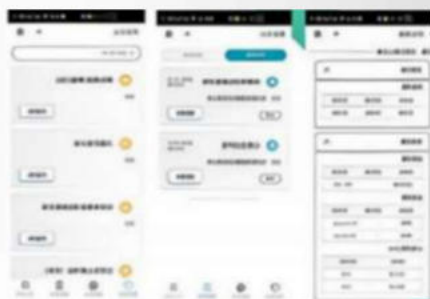
Dynamic Evaluation

Rapid Exercise Risk Assessment & Training System or (RE-RATS test)

RE-RATS Test:
This system utilizes the DO!T 900RE/BE HD bikes, paired with medical-grade devices, to monitor heart rate, ECG, blood oxygen, and blood pressure in real-time throughout the test. It precisely captures user physiological data, flags cardiovascular risks like arrhythmia and exercise hypertension,leverages advanced AI for in-depth analysis of each test, and generates comprehensive reports to help mitigate health risks from inappropriate exercise intensity.



Recumbent bike



22-inch screen with built-in programs



Web-based backend management platform for arm blood pressure monitors



Portable ECG Devices



Fingertip Pulse Oximeter



Blood Pressure Monitor

Static Evaluation

Body Composition Analysis

ScanHub Portal:
It is an essential entry point for precise health metrics,The DO!T TE HD touchscreen with TANITA technology, offers comprehensive multi-dimensional body composition analysis.This delivers vital insights into baseline physiological status and fundamental health indicators -a crucial reference for personal wellness.



Interpretation of main indicators

The Scan Hub Body Assessment Station combines static body composition analysis (body fat percentage, muscle mass, visceral fat) with dynamic cardiopulmonary function monitoring (heart rate, ECG, blood pressure, blood oxygen, HRV). This dual-dimensional data provides a precise assessment of body composition. It provides real-time cardiovascular responses, effectively warns of potential health risks (such as excessive visceral fat and arrhythmia), and scientifically guides exercise intensity, significantly reducing the risks associated with improper exercise.



Dynamic Evaluation (26 indicators)

Vo ₂ Max	The core indicator for measuring cardiorespiratory fitness is the maximum amount of oxygen the body can take in and utilize. This indicator is closely related to our lifespan, risk of death, risk of disease, and exercise capacity.
METs	One method for representing exercise intensity is to express the relative energy metabolism level of various activities. METS is a powerful predictor of mortality.
ECG	Abnormal E-ECG response during exercise stress is significantly associated with higher all-cause mortality, cardiovascular disease (CVD) mortality, including coronary heart disease (CHD) mortality.
Blood Pressure Recovery After Exercise	Abnormal systolic blood pressure response is often associated with myocardial ischemia, left ventricular dysfunction, and an increased risk of subsequent cardiac events; abnormal diastolic blood pressure response suggests the possibility of exertional myocardial ischemia.
Heart Rate Recovery After Exercise	Abnormal systolic blood pressure response is often associated with myocardial ischemia, left ventricular dysfunction, and an increased risk of subsequent cardiac events; abnormal diastolic blood pressure response suggests the possibility of exertional myocardial ischemia.
Maximum Heart	Poor heart rate recovery is closely related to sudden cardiac death, cardiovascular disease mortality, and heart failure, and is a commonly used indicator for assessing cardiac autonomic nerve function.
Maximum Power	In an incremental load cycling test, the highest power output (watts) that can be achieved and maintained before exhaustion. This directly reflects the user's overall physical (cardiopulmonary, muscular) output capacity under extreme conditions.
FITT Program	A customized training plan framework based on physical fitness test data. It includes Frequency, Intensity, Time, and Type.

Static Evaluation (33 indicators)

BMI	BMI (Body Mass Index) is an internationally used standard for measuring body fat and overall health.
Body Fat Percentage	Body fat percentage is a measurement of body fat, showing the percentage of total body weight that fat accounts for.
Bone Mass	Bone mass refers to the amount of bone tissue [bone minerals (calcium, phosphorus, etc.) and bone matrix (collagen, protein, inorganic salts, etc.)] per unit volume.
Muscle Mass	Muscle mass refers to the total amount of skeletal muscle tissue in the body and is one of the core indicators of body composition. Sufficient muscle mass is crucial for maintaining basal metabolic rate, glucose homeostasis, physical function, and overall health.
Visceral Fat	Visceral fat is the fat deposits within the abdominal cavity that surround the internal organs. It is distinct from subcutaneous fat and is an important predictor of health risks, independent of total fat.
Basal Metabolic Rate	Basal metabolic rate (BMR) refers to the energy metabolism rate of the human body when it is awake and in a state of extreme quiet, unaffected by muscle activity, ambient temperature, food, and mental stress. It is the basis for estimating the total daily calorie requirement.
Metabolic Age	This is a comparative value, not actual biological age. It is derived by comparing the user's basal metabolic rate measurement with average data from a database of people of the same age and sex. It reflects the relative level of pre-metabolic state among peers.
Body Water	Water refers to the total amount of water contained in the human body. It is the largest component of body weight and participates in various physiological functions such as body temperature regulation, nutrient transport, metabolic waste excretion, joint lubrication, and chemical reaction mediator. Dehydration or excessive water retention (edema) both affect health.

DOIT[®]

CARDIO



DOIT®

22-INCH HD CONSOLE



22-inch HD Touchscreen

- Large screen creates an immersive fitness experience
- HD 1920*1080 image display, packed with more colors and textures



Powerful Data Connection

- Support NFC for seamless connectivity
- Bluetooth function to connect heart rate monitor and headset
- Wireless network connection via high speed Wi-Fi
- Wireless phone charging



Rich Built-In Programs

- Contain targeted programs, classic training protocols, virtual modes, fitness tests and various training programs
- Entertainment apps, music, videos, news and IPTV
- Stay connected over social media and online platforms



Coach On Demand

- Professional workout courses conducted in English with more to come
- Courses from basic to advanced training are crafted by professional coaches bringing users safe and effective workouts
- Unique workouts for every machine type including treadmill, elliptical, upright bike and recumbent bike



Personalized And Customization Service

- Open API allows fitness facilities to better customize and integrate data points
- Personal account login and asset management allow both individuals and facilities to record and evaluate activities securely and effectively
- Support customized updates on the screen-saver ads for facilities to promote latest events

DOIT[®]

FREEWAY SERIES

The FREEWAY series delivers a comprehensive selection of fitness equipment tailored to various workout needs. Known for their commercial-grade quality, these products stand out for their exceptional durability and performance, even during intense sessions.



Freeway TE HD



Freeway T

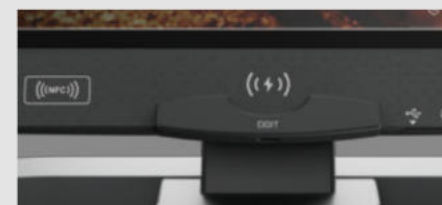
FREEWAY TE HD



FREEWAY TE HD Treadmill combines a sense of design and technology. It is equipped with a 22-inch multimedia HD touchscreen. The original imported lubrication-free running belt and tread system provide greater comfort and longer lifespan. The quick silicone buttons enhance comfort and make user operation more convenient and safer.



Over-molded rubber slat belt and running surface of 56 x 147 cm



Instant wireless charging eliminates worries about running out of battery, allowing efficient and fast charging for devices like phones and tablets, freeing you from constraints during exercise.



With 2 drink bottle and key holders of extra-large size to fit all your accessories in



FREEWAY T



FREEWAY T Treadmill have two running modes: motor-driven mode and free-wheel mode. Having lubrication-free rubber slats, one-touch buttons, intuitive LED consoles and speed and incline buttons give exercisers comfortable using experience.



Heart rate sensors on the handles keep monitoring your training intensity; buttons for slightly adjusting the incline and the speed can individualize your own training intensity.



White light LED displays show readings more clearly.



One-touch switch between Motorized Mode and Free Run Mode; number keys help you finish training more safely and quickly.



DOIT[®]

FORTIS SERIES

The FORTIS series offers a wide range of fitness equipment to meet diverse fitness needs. Our commercial-grade products are renowned for their durability and high performance, even under heavy usage.



Fortis 900TE HD



Fortis 900XE HD



Fortis 900RE HD



Fortis 900BE HD



Fortis 900T



Fortis 900X



Fortis 900R



Fortis 900B

FORTIS 900TE HD



FORTIS 900 TE HD Treadmill as the flagship model of the 900 series, combines a sense of design and technology. It is equipped with a 22-inch multimedia HD touch-screen. The original imported lubrication-free running belt and tread system provide greater comfort and longer lifespan. The quick silicone buttons enhance comfort and make user operation more convenient and safer.



The quick numeric keypad allows for swift setting of target speed and incline, with quick start and stop buttons for added convenience and safety.



22- inch HD touchscreen



The 'X' shaped phone slot allows for easy viewing of incoming calls, while the integrated water bottle holder and accessory tray simplify fitness routines.



FORTIS 900T



FORTIS 900 T Treadmill are equipped with commercial-level steel frames which make the equipment solid and stable. White light LED displays show readings more clearly. Imported running belts and running boards provide maximum comfort for users and prolong the service life of treadmills. Tactile silicone rubber buttons make operation more convenient and safer.



Convenient number keys enable users to quickly set speed and incline. START and STOP buttons are more convenient and safer.



White light LED displays show readings more clearly.



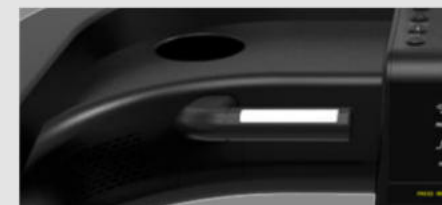
"X" type mobile phone slots enable you to check incoming calls anytime. A bottle holder integrated with a sundries tray makes your workout more enjoyable and convenient.



FORTIS 900TC



FORTIS 900 TC Treadmill are equipped with commercial-level steel frames which make the equipment solid and stable. Pioneering non-console design gives users broader vision. FORTIS 900 TC also comes standard with IPAD holders to personalize users' training experience. Imported running belts and running boards provide maximum comfort for users and prolong the service life of treadmills. Tactile silicone rubber buttons make operation more convenient and safer.



Heart rate sensors on the handles keep monitoring your training intensity. Built-in cooling fans on both sides improve the air flow around your body.



Non-console design provide broader vision and freer workouts. This series comes standard with IPAD holders for users to place their IPAD or other devices, personalizing users' training experience.



Convenient number keys enable users to quickly set speed and incline. START and STOP buttons are more convenient and safer.



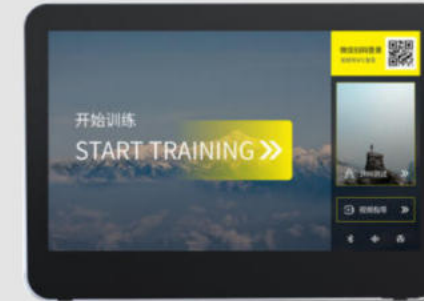
FORTIS

900R/900RE HD

RECUMBENT BIKE



FORTIS 900R/RE HD Recumbent Bike is designed to be a safe, user-friendly, and versatile training experience. It consists of a specially engineered shock-absorbing screen protector that safeguards the display and control panel, as well as offering a wide range of Instructor Courses led by internationally certified trainers that supports beginners and seniors alike.



900RE with 22-inch Touchscreen
Touchscreen Intuitive large icons and sensitive multi-touch technology

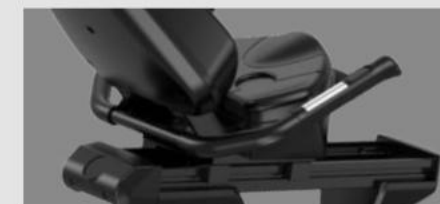


900R White light LED displays
Provide clearer data readings. 40 levels of resistance match the need for different levels of training intensity.



Quick Keys and Heart Rate Monitor

Quick hit keys for resistance allow to change intensity rapidly and utilize HIIT training options. Ergonomically placed handle grips provide a relaxed riding position when using a heart rate program.



Patented Sliding Seat

A quick, easy to use seat lever provides different back and forth seat adjustments to custom fit most users.

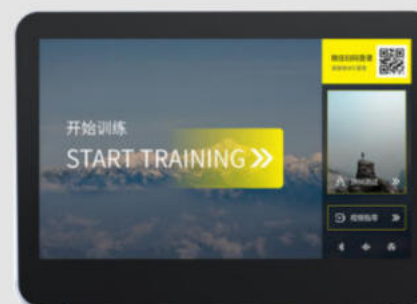
FORTIS

900X/900XE HD

ELLIPTICAL



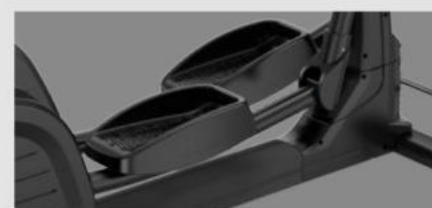
FORTIS 900X/XE HD Elliptical is designed to be a safe, user-friendly, and versatile training experience. It consists of a specially engineered shock-absorbing screen protector that safeguards the display and control panel, as well as offering a wide range of Instructor Courses led by internationally certified trainers that supports beginners and experienced athletes.



900XE with 22-inch Touchscreen
Touchscreen Intuitive large icons and sensitive multi-touch technology



900X White light LED Displays
Provide clearer data readings. 40 levels of resistance match the need for different levels of training intensity.



Oversized foot pedals within a small distance

Ensure comfortable training experience and reduce the stress on the lower back.



Consistent monitoring of heart rate + accessory tray

Heart rate sensors on the handles keep monitoring your heart rate. Unibody design of accessory tray and bottle holder provide the utmost convenience.

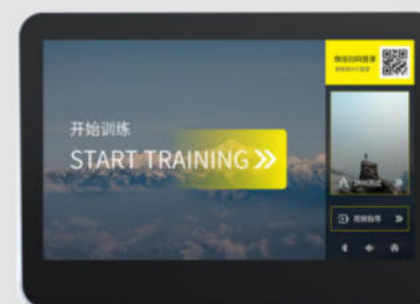
FORTIS

900B/900BE HD

UPRIGHT BIKE



FORTIS 900B/BE HD Upright Bike is designed to be a safe, user-friendly, and versatile training experience. It consists of a specially engineered shock-absorbing screen protector that safeguards the display and control panel, as well as offering a wide range of Instructor Courses led by internationally certified trainers that supports a wide array of users.



900BE with 22-inch Touchscreen
Touchscreen Intuitive large icons and sensitive multi-touch technology



900B White light LED displays
Provide clearer data readings. 40 levels of resistance match the need for different levels of training intensity.



Quick keys and Heart Rate Monitor:

Quick hit keys for resistance allow to change intensity rapidly and utilize HIIT training options. Ergonomically placed handle grips provide a relaxed riding position when using a heart rate program.



Oversized and comfortable foot pedals

28 width sizes of foot pedals
Cater to the need of different groups while better protecting ankles during the workout.

DOIT[®]

SPRINT 800TE HD

TREADMILL



22" Smart Touchscreen

This advanced touchscreen integrates Bluetooth and NFC technology for instant equipment pairing and data transfer.



Wide Array Of Built-In Training Programs

Users can choose from coaching courses. Additionally, it offers access to a variety of popular entertainment apps, ensuring a comprehensive and enjoyable workout experience.



Designed For Service Ease

Engineered for convenience. Featuring a quick-release motor cover and an all-in-one, on-board maintenance kit (oiler & brush) to streamline every repair procedure.



Dual Screen Design

The touch screen includes an LED display and shortcut key functions for easy adjustments. Extensive program selection

SPRINT



Sprint 800TE HD

Data			
Time	✓	Incline	✓
Distance	✓	Pace(min)	✓
Heart Rate	✓	METS	✓
Calories	✓	Profile	✓
Speed	✓		
Programs			
Preset Programs	✓	Quick Start	✓
Targets	✓	Interval	✓
Heart Rate Program	✓	Physical Tests	✓
Features			
Screen size	22"		
Type	HD Touchscreen		
Android Platform	✓		
NFC Connectivity	✓		
Wireless Charging	✓		
Bottle Holder	✓		
Bluetooth For Earphones	✓		
Mobile Phone Holder	✓		
Technical Details			
Motor Peak Power	AC 7.0HP		
Roller	67mm		
Speed Range	0.8 ~ 22km/h		
Incline Range	0 - 18		
Electro-Braking system	✓		
Max. User Weight	397 lbs (180 kg)		
Contact Heart Rate	✓		
Wireless Heart Rate Receiver	✓		
Step-Up Height	20 cm		
Dimensions			
Running Surface	23" x 63" (58 x 160 cm)		
Product Dimensions (LxWxH)	81" x 34" x 62" (205 x 86 x 158 cm)		
Shipping Dimensions	89" x 37" x 16" (225 x 95 x 40 cm)		
Product Weight	408 lbs (185 kg)		
Shipping Weight	463 lbs (210 kg)		
Certification	CE		

Optional / Standard / None ✕

FREEWAY



Freeway T

Data			
Time	⚡	Incline	⚡
Distance	⚡	Pace	✖
Heart Rate	⚡	Profile	✖
Calories	⚡		
Speed	⚡		
Programs			
Preset Programs	⚡	Quick Start	⚡
Targets	⚡	Virtual Training	⚡
Heart Rate Program	⚡	Physical Tests	⚡
Features			
Screen Size	N/A		
Type	LED		
Android Platform	✖		
Bottle Holder	⚡		
Mobile Phone Holder	⚡		
Technical Details			
Motor Peak Power	AC 4.0HP		
Motor Mode	Motorised + Non-Motorised		
Speed Range	0.8 ~ 25km/h		
Incline Range	Motorized Mode: 0 -20%; Free Run Mode: 0-10%		
Electro-Braking system	⚡		
Max. User Weight	397 lbs (180kg)		
Contact Heart Rate	⚡		
Wireless heart rate receiver	✖		
Step-up Height	33 cm		
Dimensions			
Running Surface	22" x 58" (56 x 147 cm)		
Product Dimensions (LxWxH)	76" x 36" x 65" (197 x 91 x 164 cm)		
Shipping Dimensions	78" x 42" x 23" (198 x 107 x 58 cm)		
Product Weight	520 lbs (236 kg)		
Shipping Weight	558 lbs (253 kg)		
Certification	CE		

DOIT®

FREEWAY



Freeway TE HD

Data			
Time	/	Incline	/
Distance	/	Pace(min)	✗
Heart Rate	/	Profile	✗
Calories	/		
Speed	/		
Programs			
Preset Programs	/	Quick Start	/
Targets	/	Virtual Training	/
Heart Rate Program	/	Physical Tests	/
Features			
Screen Size	22"		
Type	HD Touchscreen		
Android Platform	/		
NFC Connectivity	/		
Wireless Charging	/		
Bottle Holder	/		
Bluetooth For Earphones	/		
Mobile Phone Holder	/		
Technical Details			
Motor Peak Power	AC 4.0HP		
Motor Mode	Motorised + Non-Motorised		
Speed Range	0.8 ~ 25km/h		
Incline Range	Motorized Mode: 0 -20%; Free Run Mode: 0-10%		
Electro-Braking System	/		
Max. User Weight	397 lbs (180kg)		
Contact Heart Rate	/		
Wireless Heart Rate Receiver	/		
Step-Up Height	33 cm		
Dimensions			
Running Surface	22" x 58" (56 x 147 cm)		
Product Dimensions (LxWxH)	76" x 36" x 65" (197 x 91 x 164 cm)		
Shipping Dimensions	78" x 42" x 23" (198 x 107 x 58 cm)		
Product Weight	520 lbs (236 kg)		
Shipping Weight	558 lbs (253 kg)		
Certification	CE		

Optional / Standard / None ✗

FORTIS



Fortis 900TE HD

Data			
Time	/	Incline	/
Distance	/	Pace(min)	/
Heart Rate	/	METS	/
Calories	/	Profile	/
Speed	/		
Programs			
Preset Programs	/	Quick Start	/
Targets	/	Virtual Training	/
Heart Rate Program	/	Physical Tests	/
Features			
Screen Size	22"		
Type	HD Touchscreen		
Android Platform	/		
Bottle Holder	/		
Mobile Phone Holder	/		
Technical Details			
Motor Peak Power	AC 4.0HP		
Speed Range	0.8 ~ 22km/h		
Incline Range	0-15%		
Roller	3" (7.6cm)		
Electro-Braking system	/		
Max. User Weight	397 lbs (180kg)		
Contact Heart Rate	/		
Wireless Heart Rate Receiver	/		
Step-Up Height	26 cm		
Dimensions			
Running Surface	22" x 62" (56 x 158 cm)		
Product Dimensions (LxWxH)	88"x 37 " x 64" (223 x 95 x 162 cm)		
Shipping Dimensions	92"x 42" x 20" (223 x 106 x 52 cm)		
Product Weight	487 lbs (221kg)		
Shipping Weight	531 lbs (241kg)		
Certification	CE		

DOIT[®]

FORTIS



Fortis 900T

Data			
Time	✓	Incline	✓
Distance	✓	Pace(min)	✗
Heart Rate	✓	METS	✗
Calories	✓	Profile	✗
Speed	✓		
Programs			
Preset Programs	✓	Quick Start	✓
Targets	✓	Virtual Training	✓
Heart Rate Program	✓	Physical Tests	✓
Features			
Screen Size	N/A		
Type	LED		
Android Platform	✗		
Bottle Holder	✓		
Mobile Phone Holder	✓		
Technical Details			
Motor Peak Power	AC 4.0HP		
Speed Range	0.8 ~ 22km/h		
Incline Range	0-15%		
Roller	3" (7.6cm)		
Electro-Braking System	✓		
Max. User Weight	397 lbs (180kg)		
Contact Heart Rate	✓		
Wireless Heart Rate Receiver	✗		
Step-Up Height	26 cm		
Dimensions			
Running Surface	22" x 62" (56 x 158 cm)		
Product Dimensions (LxWxH)	88"x 37 " x 64" (223 x 95 x 162 cm)		
Shipping Dimensions	92"x 42" x 20" (223 x 106 x 52 cm)		
Product Weight	487 lbs (221kg)		
Shipping Weight	531 lbs (241kg)		
Certification	CE		

Optional / Standard / None ✗



Fortis 900TC

Data			
Time	⚡	Incline	⚡
Distance	⚡	Pace(min)	✖
Heart Rate	⚡	METS	✖
Calories	⚡	Profile	✖
Speed	⚡		
Programs			
Preset Programs	⚡	Quick Start	⚡
Targets	⚡	Virtual Training	⚡
Heart Rate Program	⚡	Physical Tests	⚡
Features			
Screen Size	7"		
Type	LCD		
Android Platform	✖		
Bottle Holder	⚡		
Mobile Phone Holder	⚡		
Technical Details			
Motor Peak Power	AC 4.0HP		
Speed Range	0.8 ~ 22km/h		
Incline Range	0-15%		
Roller	3" (7.6cm)		
Electro-Braking System	⚡		
Max. User Weight	397 lbs (180kg)		
Contact Heart Rate	⚡		
Wireless heart Rate Receiver	⚡		
Step-up Height	26 cm		
Dimensions			
Running Surface	22" x 62" (56 x 158 cm)		
Product Dimensions (LxWxH)	88"x 37 " x 64" (223 x 95 x 162 cm)		
Shipping Dimensions	92"x 42" x 20" (223 x 106 x 52 cm)		
Product Weight	487 lbs (221kg)		
Shipping Weight	531 lbs (241kg)		
Certification	CE		

DOIT® FORTIS



900XE HD



900X

Console					
Type	22"HD Touchscreen			N/A	
Multimedia	/			/	
Data					
Distance	/	Rotational Speed	/	Distance	/
Time	/	Power	/	Time	/
Resistance	/	Fat Burning	/	Resistance	/
Heart Rate	/			Heart Rate	/
Calories	/			Calories	/
Heart Rates	/			Heart Rates	/
Programs					
Preset Programs	21	Quick Start	/	Preset Programs	21
Level	20	Targets	/	Level	20
Heart Rates	6	Power	/	Heart Rates	6
Features					
Wireless charging	/	USB socket	/	Wireless charging	✗
Bluetooth	/	Bottle Holder	/	Bluetooth	✗
HDMI	/	Mobile Phone Holder	/	HDMI	✗
Technical Details					
Resistance Range	0-40			0-40	
Max. User Weight	397 lbs (180kg)			397 lbs (180kg)	
Contact Heart Rate	/			/	
Telemetry	/			/	
Dimensions					
Product Dimensions	87"x 28" x 62" (220 x 70 x 158 cm)			87"x 28" x 62" (220 x 70 x 158 cm)	
Shipping Dimensions	94"x 25" x 36" (238 x 64 x 91 cm)			94"x 25" x 36" (238 x 64 x 91 cm)	
Product Weight	282 lbs (128kg)			282 lbs (128kg)	
Shipping Weight	311 lbs (141 kg)			311 lbs (141 kg)	
Certification		CE		CE	

Optional / Standard / None ✗



900RE HD



900R

Console					
Type	22"HD Touchscreen			N/A	
Multimedia	/			/	
Data					
Distance	/	Rotational Speed	/	Distance	/
Time	/	Power	/	Time	/
Resistance	/	Fat Burning	/	Resistance	/
Heart Rate	/			Heart Rate	/
Calories	/			Calories	/
Heart Rates	/			Heart Rates	/
Programs					
Preset Programs	21	Quick Start	/	Preset Programs	21
Level	20	Targets	/	Level	20
Heart Rates	6	Power	/	Heart Rates	6
Features					
Wireless Charging	/	USB socket	/	Wireless charging	✗
Bluetooth	/	Bottle Holder	/	Bluetooth	✗
HDMI	/	Mobile Phone Holder	/	HDMI	✗
Technical Details					
Resistance Range	0-40			0-40	
Max. User Weight	397 lbs (180kg)			397 lbs (180kg)	
Contact Heart Rate	/			/	
Telemetry	/			/	
Dimensions					
Product Dimensions	75"x 24" x 52" (191 x 60 x 131 cm)			75"x 24" x 52" (191 x 60 x 131 cm)	
Shipping Dimensions	74"x 26" x 30" (187 x 67 x 76 cm)			74"x 26" x 30" (187 x 67 x 76 cm)	
Product Weight	205 lbs (93 kg)			205 lbs (93 kg)	
Shipping Weight	227 lbs (103kg)			227 lbs (103 kg)	
Certification		CE		CE	

DOIT® FORTIS



900BE HD



900B

Console					
Type	22"HD Touchscreen			N/A	
Multimedia	/			/	
Data					
Distance	/	Rotational Speed	/	Distance	/
Time	/	Power	/	Time	/
Resistance	/	Fat Burning	/	Resistance	/
Heart Rate	/			Heart Rate	/
Calories	/			Calories	/
Heart Rates	/			Heart Rates	/
Programs					
Preset Programs	21	Quick Start	/	Preset Programs	21
Level	20	Targets	/	Level	20
Heart Rates	6	Power	/	Heart Rates	6
Features					
Wireless Charging	/	USB socket	/	wireless charging	✗
Bluetooth	/	Bottle Holder	/	Bluetooth	✗
HDMI	/	Mobile Phone Holder	/	HDMI	✗
Technical Details					
Resistance Range	0-40			0-40	
Max. User Weight	397 lbs (180kg)			397 lbs (180kg)	
Contact Heart Rate	/			/	
Telemetry	/			/	
Dimensions					
Product Dimensions	47" x 24" x 20" (120 x 60 x 50 cm)			47" x 24" x 20" (120 x 60 x 50 cm)	
Shipping Dimensions	78"x 24" x 52" (124 x 68x 86 cm)			78"x 24" x 52" (124 x 68x 86 cm)	
Product Weight	146 lbs (66 kg)			146 lbs (66 kg)	
Shipping Weight	168 lbs (76 kg)			168 lbs (76 kg)	
Certification		CE		CE	

Optional / Standard / None ✗

DOIT[®]

STRENGTH



DForce Series

Intuitive - Safe - Convenient

DForce uses self-developed motor to deliver precision micro-controlled resistance. Its HD smart display tracks and analyzes movement patterns and force curves in real time. Experience versatile training with multiple resistance modes— moving beyond traditional weights to transform strength training.



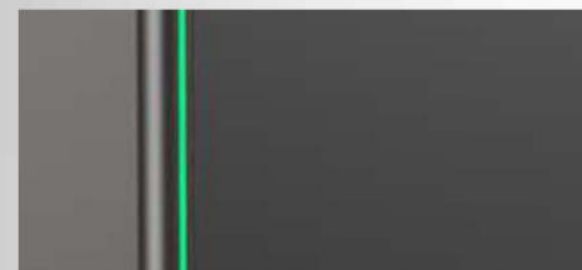
Precision-Engineered Motor

Precision-engineered for whisper-silent accuracy, it ensures a seamless, comfortable training experience while meeting stringent safety standards.



10" Smart Touchscreen

This advanced touchscreen integrates Bluetooth and NFC technology for instant equipment pairing and data transfer.



Light Strip

LED Light Strip with integrated safety warning, integrating aesthetic appeal with existing safety features.



User Friendly Design

Convenient and hassle-free charging for your mobile phone, the bottle cage within perfect reach of user's hand.



Emergency Stop

With its prominent, instantly accessible button, keep safety at your fingertips. One press to stop all risks

DOIT®

DForce Series

Personalize your strength training



Combines fitness, rehabilitation, and athletic training to meet the needs of muscle building, body shaping, and optimal strength development.

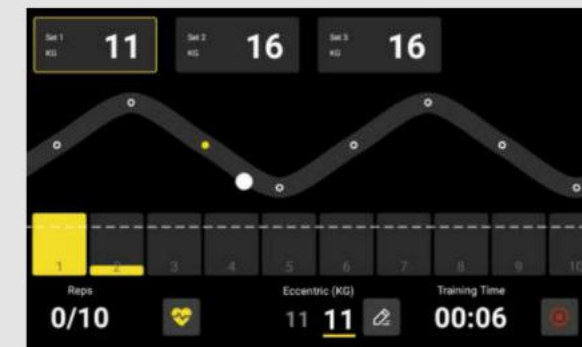
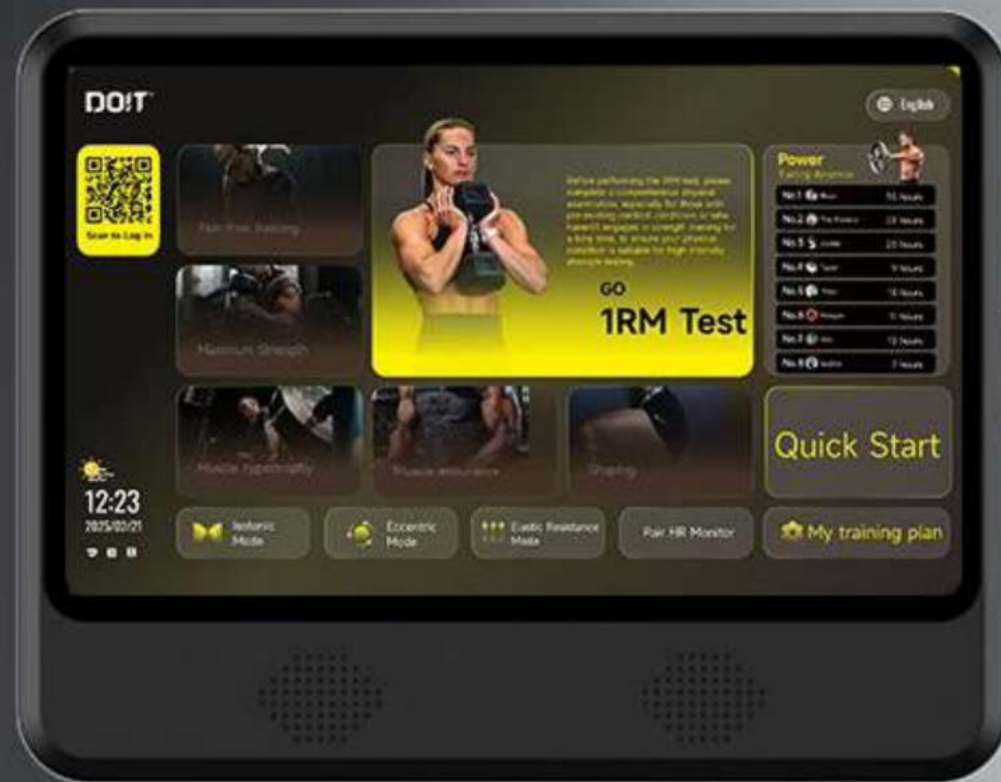


Suitable for different user groups such as fitness enthusiasts, rehab patients, and the elderly by offering versatile activities of resistance training.

DOIT[®]

DForce Series

User-friendly interface with 5 different training modes



Eccentric Training Mode

Special Resistance Training

Utilizes the process of muscle eccentric contraction, which is resistance training during muscle lengthening.

Suitable Activities

Muscle control training to improve activities such as skiing, going downstairs, and sudden stops.

Target Groups

Athletes, fitness enthusiasts, people who need to improve muscle control, and those who want to undergo muscle hypertrophy training.



Isotonic Mode

Constant Resistance

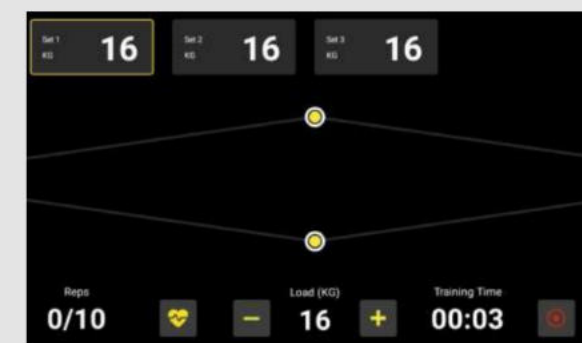
The resistance remains constant throughout the motion.

Suitable Activities

Simulates many real-life tasks, such as lifting heavy objects.

Target Groups

Athletes, rehab patients, fitness enthusiasts and those who need to enhance muscle strength and improve daily activity performance.



Elastic Resistance Mode

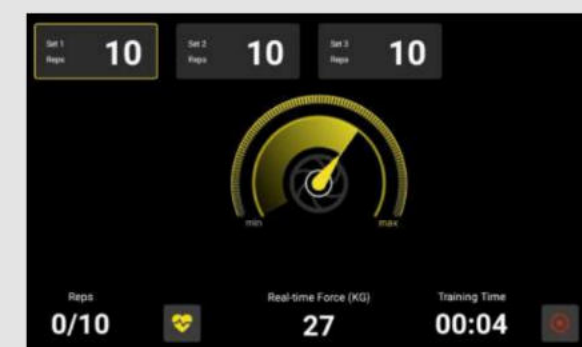
The greater the deformation, the greater the resistance
Simulates the resistance mode of elastic bands. Within the elastic limit, the elastic resistance is proportional to the deformation.

Suitable Activities

Like springs or rubber bands, they generate elastic resistance when stretched or compressed.

Target Groups

Suitable for almost all users, helping to enhance muscle strength, improve joint stability, prevent sports injuries, and assist in rehabilitation training.



Viscous Resistance Mode

The faster the speed, the greater the resistance
Simulates the mode of resistance training in viscous liquid. It is proportional to the movement speed.

Suitable Activities

Like wind or water resistance training, both swimming and diving involve viscous resistance.

Target Groups

Athletes, fitness enthusiasts, swimmers, divers ...those who can undergo explosive power training.

DForce Series



1RM Maximum Muscle Strength Test

Provides safe and accurate 1RM maximum muscle strength testing. Without exhaustion, performance data under submaximal load can be used to quickly calculate the current strength limits of various major muscle groups of a user through a sports physiology algorithm model based on NASM theory. The test results are synchronized with the user's personal profile, becoming a standard for measuring absolute strength level and formulating subsequent training plans.



DO!T Sync Asset Management Backend

DO!T Sync is an intelligent back-end management system developed by DO!T based on multimodal data fusion and artificial intelligence analysis. By collecting fitness test results from Scan hub fitness testing stations, connecting aerobic and strength data, integrating operational tools such as asset management, and relying on AI data analysis, it forms an integrated data analysis dashboard and asset management system, empowering fitness venues to achieve intelligent management and service upgrades.



User Ranking Data

Users can compare their current training performance with their historical data longitudinally, and also compare their exercise data with that of other users horizontally. By selecting different reference frames and switching between personal historical data comparisons and overall best performance leaderboards, users can be provided with external motivation and clear goals to surpass themselves.



Multiple Login Methods Available

The system supports multiple efficient login methods such as NFC near-field communication and QR code scanning, providing users with a seamless and smooth entry experience. Users can quickly complete identity verification with a simple touch using their membership card or wearable device; QR codes are ready to use upon scanning, balancing efficiency and security. This system adapts to the intelligent management needs of modern gyms, providing members with a more convenient and modern fitness experience.



Automatic Identification of User ID Data

By automatically identifying users and retrieving their personal information through smart terminals, customized services can be quickly launched. This reduces manual input errors, optimizes the user experience, and is suitable for diverse scenarios such as check-in and device linkage.



Customized Home Page

Personalized homepages are generated based on user roles, preferences, and historical behavior, highlighting relevant functions and content. This enhances the user experience, improves operational efficiency, supports brand visual customization, and strengthens overall service consistency.



Intelligent Exercise Prescription Push

Based on AI algorithms and user testing and training data, highly personalized scientific training plans are generated. This function dynamically integrates real-time performance and historical progress, continuously optimizing prescription content to achieve truly adaptive training guidance. It provides a closed loop of progress tracking and effect feedback, ensuring safe and efficient training and empowering the digital upgrade of scientific fitness and professional rehabilitation services.

DOIT®

DForce Series

Equipped with medically-certified motors and an intelligent controller, the system delivers precise resistance control adjustable in 1kg increments. This enables both isolated joint-muscle group proprioceptive training and assisted neuromuscular control exercises involving multiple joints and muscle groups.



IF-2201
DForce Lat Pulldown



IF-2202
DForce Shoulder Press



IF-2203
DForce Chest Press



IF-2205
DForce Lateral Raise



IF-2208
DForce Seated Row



IF-2216
DForce Glute



IF-3202
DForce Multi-Press



IF-3205
DForce Biceps/ Triceps



IF-3206
DForce Abdominal/ Back



IF-3212
DForce Adductor/ Abductor



IF-3213
DForce Leg Curl/
Leg Extension

DForce Series



DForce Lat Pulldown

Model	IF-2201
Dimensions	46" x 64" x 75" (117 x 162 x 192 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 8-level adjustable leg pad



DForce Shoulder Press

Model	IF-2202
Dimensions	63" x 67" x 46" (160 x 171 x 118 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 6-position seat height adjustment



DForce Chest Press

Model	IF-2203
Dimensions	65" x 39" x 72" (165 x 98 x 182 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 7-level seat adjustment; 4-level backrest adjustment



DForce Lateral Raise

Model	IF-2205
Dimensions	32" x 50" x 47" (82 x 126 x 119 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 7-level seat adjustment



DForce Seated Row

Model	IF-2208
Dimensions	63" x 48" x 45" (159 x 122 x 114 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 9-level seat adjustment; 7-level chest pad adjustment



DForce Glute

Model	IF-2216
Dimensions	72" x 31" x 48" (183 x 80 x 122 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; Standing specific training mode; 4-level pad adjustment



DForce Multi-Press

Model	IF-3202
Dimensions	78" x 57" x 27" (199 x 145 x 168 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 6-level press arm adjustment; 4-level seat adjustment



DForce Biceps/Triceps

Model	IF-3205
Dimensions	43" x 56" x 53" (110 x 142 x 134 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 7-level seat adjustment; Dual function training

DForce Series



DForce Abdominal/ Back

Model	IF-3206
Dimensions	53" x 49" x 46" (159 x 122 x 114 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 5-level starting position adjustment



DForce Adductor/ Abductor

Model	IF-3212
Dimensions	55" x 25" x 52" (140 x 64 x 132 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; Dual function design; 6-level leg pad adjustment



DForce Leg Curl/ Leg Extension

Model	IF-3213
Dimensions	55" x 53" x 47" (140 x 135 x 120 cm)
Resistance type	Electric Resistance
Product weight	N/A
Shipping weight	N/A
Key Features	Precision digital resistance system; Multi-mode training options; Biofeedback technology; Personal login system; 4-level leg extension adjustment; 5-level leg curl adjustment; 8-level back pad adjustment

DOIT[®] INNOVA PRO CONSOLE

These Single Stack Weight Series features sleek lines and a contemporary design. With the option to integrate a smart touch screen console (INNOVA PRO), users can track and pace their strength workouts. Real time feedbacks such as range of motion, speed, reps and visual guides to assist users to optimise each workout with specific workout goals



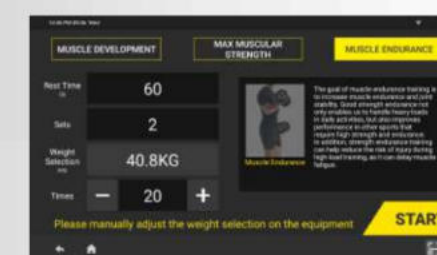
Building Personal Account Assets

Convenient DOIT Sync QR code login to personal accounts, lifelong storage of personal data, creating user personal account assets, and realizing cloud-based data recording to easily track personal exercise progress.



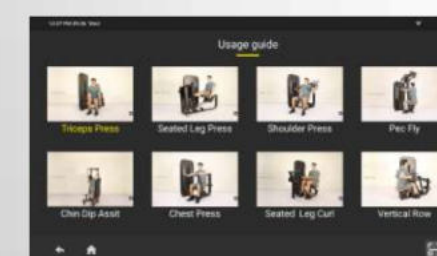
Maximum Strength Test

A 1RM test with scientific conversion, through professional testing under scientific guidance, accurately determines the user's maximum strength, and provides users with personalized training plans.



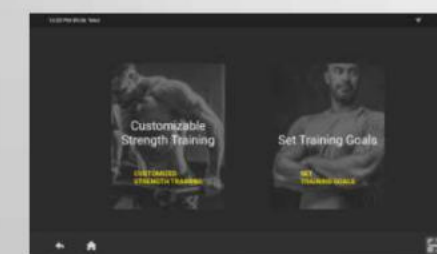
Track Training Progress

Precise training trajectory guidance, visualized training data, training with the most suitable number of sets, repetitions, and weights for users, helping users quickly reach their training goals and reduce the risk of sports injuries.



Professional Guidance Videos

Standard equipment usage guidance videos are available for each type of training equipment, so you don't have to worry about equipment operation problems or whether your movements are standard, making the equipment easier to use.



Specific Training Goals

Divided into three training goals: muscle endurance, muscle development, and maximum strength, according to the different stages of strength training. Provides the corresponding training mode according to the user's training level.

DOIT[®]

INNOVA PRO

The Innova Pro features sleek lines and contemporary design. With the option to integrate a smart touch screen console, users can track and pace their strength workouts. Real-time feedbacks such as range of motion, speed, reps and visual guides to assist users to optimise each workout with specific workout goals.



IP-2201
Lat Pulldown



IP-2202
Shoulder Press



IP-2203
Chest Press



IP-2205
Lateral Raise



IP-2208
Seated Row



IP-2212
Leg Press



IP-2213
Leg Extension



IP-2216
Glute



IP-3201
Lat Pulldown/ Low Row



IP-3203
Pec Fly/ Rear Delt



IP-3205
Biceps/ Triceps



IP-3206
Abdominal/ Back Extension



IP-3207
Assisted Dip Chin



IP-3212
Hip Adductor/ Abductor



IP-3213
Seated Leg Curl/ Extension

INNOVA PRO



Lat Pulldown

Model	IP-2201
Dimensions	63" x 53" x 76" (161 x 135 x 192 cm)
Stack weight	190 lbs (86kg)
Product weight	443 lbs (201kg)
Shipping weight	476 lbs (216kg)
Key Features	8-level adjustable leg pad; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Shoulder Press

Model	IP-2202
Dimensions	67" x 59" x 59" (171 x 150 x 150 cm)
Stack weight	190 lbs (86kg)
Product weight	500 lbs (227kg)
Shipping weight	535 lbs (243kg)
Key Features	6-position seat adjustment; Quick-select magnetic pin loaded system; TPR non-slip grip material



Chest Press

Model	IP-2203
Dimensions	61" x 39" x 72" (156 x 99 x 182 cm)
Stack weight	190 lbs (86kg)
Product weight	480lbs (218kg)
Shipping weight	533 lbs (242kg)
Key Features	7-position seat adjustment; 4-angle quick-change backrest; Top-mounted bearing design; Quick-select magnetic pin loaded system



Lateral Raise

Model	IP-2205
Dimensions	85" x 39" x 59" (216 x 100 x 150 cm)
Stack weight	170 lbs (77kg)
Product weight	445 lbs (202kg)
Shipping weight	485 lbs (220kg)
Key Features	7-position seat adjustment; Independent moving arms; Quick-select magnetic pin loaded system



Seated Row

Model	IP-2208
Dimensions	63" x 44" x 59" (159 x 112 x 150 cm)
Stack weight	201 lbs (91kg)
Product weight	492 lbs (223kg)
Shipping weight	584 lbs (265kg)
Key Features	Convenient 9-position seat adjustment; 7-position chest pad adjustment; Multi-angle rotating grip; Rock-solid stability



Leg Press

Model	IP-2212
Dimensions	58" x 50" x 59" (148 x 126 x 150 cm)
Stack weight	331 lbs (150 kg)
Product weight	778 lbs (353 kg)
Shipping weight	891 lbs (404kg)
Key Features	7-position backrest adjustment; Extra-wide grip footplate; Quick-select magnetic pin loaded system; TPR non-slip grip material



Leg Extension

Model	IP-2213
Dimensions	58" x 50" x 59" (148 x 126 x 150 cm)
Stack weight	200 lbs (91kg)
Product weight	500 lbs (227kg)
Shipping weight	531 lbs (241kg)
Key Features	7-position backrest adjustment; 4-position leg pad adjustment; Freely rotating comfort pad; Quick-select magnetic pin loaded system



Glute

Model	IP-2216
Dimensions	64" x 46" x 59" (162 x 117 x 150 cm)
Stack weight	190 lbs (86kg)
Product weight	459 lbs (208kg)
Shipping weight	496 lbs (225kg)
Key Features	Dedicated standing position training; 4-position pad adjustment; Quick-select magnetic pin loaded system; TPR non-slip grip material

INNOVA PRO



Lat Pulldown/ Low Row

Model	IP-3201
Dimensions	71" x 47" x 89" (181 x 121 x 227 cm)
Stack weight	370 lbs (168 kg)
Product weight	714 lbs (324 kg)
Shipping weight	749 lbs (340 kg)
Key Features	5-position leg pad adjustment; Dual-mode operation; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Pec Fly/ Rear Delt

Model	IP-3203
Dimensions	57" x 57" x 78" (145 x 146 x 199 cm)
Stack weight	190 lbs (86kg)
Product weight	577 lbs (262kg)
Shipping weight	612 lbs (278 kg)
Key Features	Dual-mode quick switch ; 6-position chest press adjustment; 3-position shoulder fly adjustment; 9-position seat adjustment



Biceps/ Triceps

Model	IP-3205
Dimensions	52" x 44" x 59" (132 x 110 x 150 cm)
Stack weight	170 lbs (77kg)
Product weight	467 lbs (212kg)
Shipping weight	522 lbs (237kg)
Key Features	7-position seat adjustment; Dual-targeted arm settings; Quick-select magnetic pin loaded system



Abdominal/ Back Extension

Model	IP-3206
Dimensions	52" x 44" x 59" (131 x 113 x 150 cm)
Stack weight	300 lbs (136kg)
Product weight	564 lbs (256kg)
Shipping weight	608 lbs (276 kg)
Key Features	5-position starting position adjustment; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Assisted Dip Chin

Model	IP-3207
Dimensions	49" x 47" x 88" (124 x 119 x 224 cm)
Stack weight	200 lbs (91kg)
Product weight	529 lbs (240kg)
Shipping weight	582 lbs (264kg)
Key Features	Dual-angle support platform; Multi-position dip bar configuration; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Hip Adductor/ Abductor

Model	IP-3212
Dimensions	64" x 27" x 59" (162 x 68 x 150 cm)
Stack weight	229 lbs (104kg)
Product weight	622 lbs (282kg)
Shipping weight	679 lbs (308kg)
Key Features	Dual-function design; 6-position leg pad adjustment; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Seated Leg Curl/ Extension

Model	IP-3213
Dimensions	56" x 49" x 59" (141 x 125 x 150 cm)
Stack weight	229 lbs (104kg)
Product weight	623 lbs (283kg)
Shipping weight	663 lbs (301kg)
Key Features	4-position leg extension adjustment; 5-position leg curl adjustment; 8-position semi-auto sliding pad

DOIT[®] INNOVA

The INNOVA Single Stack Weight Series combines sleek lines with a modern design, making it an ideal choice for versatile and effective workouts. Offering a broad range of resistance options and smooth, controlled lifting, it ensures safety and ease of use. Perfect for both beginners and advanced users looking to elevate strength training.



I-2201
Lat Pulldown



I-2202
Shoulder Press



I-2203
Chest Press



I-2205
Lateral Raise



I-2208
Seated Row



I-2211
Leg Curl



I-2212
Leg Press



I-2213
Leg Extension



I-2216
Glute



I-3201
Lat Pulldown/ Low Row



I-3202
Multi Press



I-3203
Pec Fly/ Rear Delt



I-3205
Biceps / Triceps



I-3206
Abdominal/ Back Extension



I-3207
Assisted Dip Chin



I-3212
Hip Adductor/ Abductor



I-3212
Seated Leg Curl/ Extension

INNOVA SERIES



Lat Pulldown

Model	I-2201
Dimensions	64" x 53" x 76" (161 x 135 x 192 cm)
Stack weight	190 lbs (86kg)
Product weight	443 lbs (201kg)
Shipping weight	476 lbs (216kg)
Key Features	8-level adjustable leg pad; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Shoulder Press

Model	I-2202
Dimensions	67" x 59" x 59" (171 x 150 x 150 cm)
Stack weight	190 lbs (86kg)
Product weight	500 lbs (227kg)
Shipping weight	536 lbs (243kg)
Key Features	6-position seat adjustment; Quick-select magnetic pin loaded system; TPR non-slip grip material



Chest Press

Model	I-2203
Dimensions	62" x 39" x 72" (156 x 99 x 182 cm)
Stack weight	190 lbs (86kg)
Product weight	481 lbs (218kg)
Shipping weight	534 lbs (242kg)
Key Features	7-position seat adjustment; 4-angle quick-change backrest; Top-mounted bearing design; Quick-select magnetic pin loaded system



Lateral Raise

Model	I-2205
Dimensions	85" x 39" x 59" (216 x 100 x 150 cm)
Stack weight	170 lbs (77kg)
Product weight	445 lbs (202kg)
Shipping weight	485 lbs (220kg)
Key Features	7-position seat adjustment; Independent moving arms; Quick-select magnetic pin loaded system



Seated Row

Model	I-2208
Dimensions	63" x 44" x 59" (159 x 112 x 150 cm)
Stack weight	200 lbs (91kg)
Product weight	492 lbs (223kg)
Shipping weight	584 lbs (265kg)
Key Features	Convenient 9-position seat adjustment; 7-position chest pad adjustment; Multi-angle rotating grip; Rock-solid stability



Leg Curl

Model	I-2211
Dimensions	68" x 50" x 59" (173 x 128 x 150 cm)
Stack weight	190 lbs (86 kg)
Product weight	478 lbs (217 kg)
Shipping weight	518 lbs (235kg)
Key Features	4-position starting angle adjustment; 4-position leg pad adjustment; USA-imported loos steel cable



Leg Press

Model	I-2212
Dimensions	58" x 50" x 59" (148 x 126 x 150 cm)
Stack weight	330 lbs (150 kg)
Product weight	778 lbs (353 kg)
Shipping weight	891 lbs (404kg)
Key Features	7-position backrest adjustment; Extra-wide grip footplate; Quick-select magnetic pin loaded system; TPR non-slip grip material



Leg Extension

Model	I-2213
Dimensions	58" x 50" x 59" (148 x 126 x 150 cm)
Stack weight	200 lbs (91kg)
Product weight	500 lbs (227kg)
Shipping weight	531 lbs (241kg)
Key Features	7-position backrest adjustment; 4-position leg pad adjustment; Freely rotating comfort pad; Quick-select magnetic pin loaded system

INNOVA SERIES



Glute	
Model	I-2216
Dimensions	64" x 46" x 59" (162 x 117 x 150 cm)
Stack weight	190 lbs (86kg)
Product weight	459 lbs (208kg)
Shipping weight	496 lbs (225kg)
Key Features	Dedicated standing position training; 4-position pad adjustment; Quick-select magnetic pin loaded system; TPR non-slip grip material



Lat Pulldown/ Low Row	
Model	I-3201
Dimensions	71" x 48" x 89" (181 x 121 x 227 cm)
Stack weight	370 lbs (168 kg)
Product weight	714 lbs (324 kg)
Shipping weight	750 lbs (340kg)
Key Features	5-position leg pad adjustment; Dual-mode operation; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Multi Press	
Model	I-3202
Dimensions	78" x 54" x 66" (198 x 137 x 168 cm)
Stack weight	200 lbs (91kg)
Product weight	626 lbs (284kg)
Shipping weight	679 lbs (308kg)
Key Features	6-position press frame adjustment; 4-Position Seat Adjustment; Easy-lift gas spring; Quick-select magnetic pin loaded system



Pec Fly/ Rear Delt	
Model	I-3203
Dimensions	57" x 57" x 78" (145 x 146 x 199 cm)
Stack weight	190 lbs (86kg)
Product weight	578 lbs (262kg)
Shipping weight	613 lbs (278kg)
Key Features	Dual-mode quick switch ; 6-position chest press adjustment; 3-position shoulder fly adjustment; 9-position seat adjustment



Biceps/ Triceps	
Model	I-3205
Dimensions	52" x 44" x 59" (132 x 110 x 150 cm)
Stack weight	170 lbs (77kg)
Product weight	467 lbs (212kg)
Shipping weight	522 lbs (237kg)
Key Features	7-position seat adjustment; Dual-targeted arm settings; Quick-select magnetic pin loaded system



Abdominal/ Back Extension	
Model	I-3206
Dimensions	52" x 45" x 59" (131 x 113 x 150 cm)
Stack weight	300 lbs (136kg)
Product weight	564 lbs (256kg)
Shipping weight	608 lbs (276kg)
Key Features	5-position starting position adjustment; USA-imported loos steel cable; Quick select magnetic pin loaded system



Assisted Dip Chin	
Model	I-3207
Dimensions	49" x 47" x 88" (124 x 119 x 224 cm)
Stack weight	200 lbs (91kg)
Product weight	529 lbs (240kg)
Shipping weight	582 lbs (264kg)
Key Features	Dual-Angle Support Platform; Multi-Position Dip Bar Configuration; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Hip Adductor/ Abductor	
Model	I-3212
Dimensions	64" x 27" x 59" (162 x 68 x 150 cm)
Stack weight	230 lbs (104kg)
Product weight	622 lbs (282kg)
Shipping weight	679 lbs (308kg)
Key Features	Dual-function design; 6-position leg pad adjustment; USA-imported loos steel cable; Quick-select magnetic pin loaded system



Seated Leg curl/Extension	
Model	I-3213
Dimensions	56" x 49" x 59"(141 x 125 x 150 cm)
Stack weight	290 lbs (132kg)
Product weight	624 lbs (283kg)
Shipping weight	664 lbs (301kg)
Key Features	4-position leg extension adjustment; 5-position leg curl adjustment; 8-position semi-auto sliding pad

DOIT[®]

BENCH & RACK



DOIT®

BENCH & RACK

Commercial-grade equipment that values premium quality and performance, DOIT's Bench and Rack series features a variety of equipment like adjustable benches, squat racks, storage racks and other bodyweight type of equipment. Built for durability, it ensures long-lasting performance for any fitness routine.



DT-101
Adjustable Abdominal
Decline



DT-102
Multi Adjustable Bench



DT-103
Arm Curl Bench



DT-104
Olympic Flat Bench



DT-105
Olympic Incline Bench



DT-106
Olympic Decline Bench



DT-107
Olympic Military Bench



DT-201
Double tier dumbbell
rack



DT-202
Flat Bench



DT-203
Weight Plate Rack



DT-204
Barbell Rack



DT-301
Vertical Knee Raise



DT-302
Seated Calf Raise



DT-303
45° Back Extension Bench



DT-304
Chin/Dip/Leg Raise



DT-402
Utility Bench

BENCH & RACK



Adjustable Abdominal Decline Bench

Model	DT-101
Dimensions	31" x 39" x 64" (80 x 100 x 162 cm)
Product weight	128 lbs (58kg)
Shipping weight	134 lbs (61kg)



Multi Adjustable Bench

Model	DT-102
Dimensions	62" x 19" x 32" (158 x 49 x 82 cm)
Product weight	115 lbs (52kg)
Shipping weight	121 lbs (55kg)



Arm Curl Bench

Model	DT-103
Dimensions	32" x 42" x 52" (81 x 107 x 132 cm)
Product weight	174 lbs (79kg)
Shipping weight	181 lbs (82kg)



Olympic Flat Bench

Model	DT-104
Dimensions	50" x 56" x 50" (128 x 141 x 126 cm)
Product weight	148 lbs (67kg)
Shipping weight	154 lbs (70kg)



Olympic Incline Bench

Model	DT-105
Dimensions	50" x 60" x 56" (126 x 153 x 141 cm)
Product weight	157 lbs (71kg)
Shipping weight	163 lbs (74kg)



Olympic Decline Bench

Model	DT-106
Dimensions	63" x 50" x 51" (160 x 126 x 128 cm)
Product weight	157 lbs (71kg)
Shipping weight	163 lbs (74kg)



Olympic Military Bench

Model	DT-107
Dimensions	69" x 43" x 69" (176 x 108 x 175 cm)
Product weight	187 lbs (85kg)
Shipping weight	194 lbs (88kg)



Double Tier Dumbbell Rack

Model	DT -201
Dimensions	23" x 31" x 90" (58 x 79 x 228 cm)
Product weight	174 lbs (79kg)
Shipping weight	187 lbs (85kg)

Cater to the various storage demands

BENCH & RACK



Flat Bench

Model	DT- 202
Dimensions	52" x 19" x 31" (131 x 47 x 79 cm)
Product weight	66 lbs (30kg)
Shipping weight	73 lbs (33kg)



Weight Plate Rack

Model	DT-203
Dimensions	28" x 36" x 33" (70 x 91 x 84 cm)
Product weight	97 lbs (44kg)
Shipping weight	104 lbs (47kg)



Barbell Rack

Model	DT-204
Dimensions	34" x 52" x 37" (87 x 131 x 94 cm)
Product weight	185 lbs (84kg)
Shipping weight	191 lbs (87kg)



Vertical Knee Raise

Model	DT-301
Dimensions	67" x 28" x 41" (170 x 71 x 103 cm)
Product weight	159 lbs (72kg)
Shipping weight	165 lbs (75kg)



Seated Calf Raise

Model	DT-302
Dimensions	34" x 51" x 29" (86 x 129 x 73 cm)
Product weight	117 lbs (53kg)
Shipping weight	123 lbs (56kg)



45°Back Extension Bench

Model	DT-303
Dimensions	35" x 61" x 31" (89 x 156 x 79 cm)
Product weight	141 lbs (64kg)
Shipping weight	147 lbs (67kg)



Chin/Dip/Leg Raise

Model	DT-304
Dimensions	41" x 92" x 43" (105 x 234 x 109 cm)
Product weight	256 lbs (116kg)
Shipping weight	262 lbs (119kg)



Utility Bench

Model	DT-402
Dimensions	29" x 39" x 54" (73 x 100 x 138 cm)
Product weight	66 lbs (30kg)
Shipping weight	73 lbs (33kg)

BENCH & RACK



Smith Machine

Model	DT- CB616
Dimensions	86" x 55" x 94" (219 x 140 x 238 cm)
Product weight	N/A
Shipping weight	N/A



Dual Adjustable Pulley

Model	DT- CB512
Dimensions	73" x 40" x 93" (185 x 102cm x 235cm)
Product weight	357kg
Shipping weight	382kg



Cable Crossover

Model	DT-513
Dimensions	171" x 93" x 26" (435 x 235 x 67 cm)
Product weight	619 lbs (281kg)
Shipping weight	631 lbs (286kg)



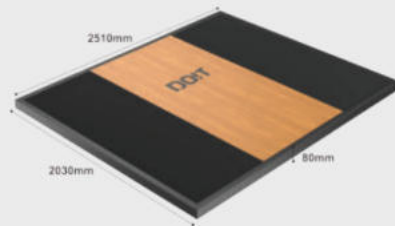
Half Rack

Model	DT - SR615
Dimensions	72" x 92" x 57" (183 x 234 x 145 cm)
Product weight	N/A
Shipping weight	N/A



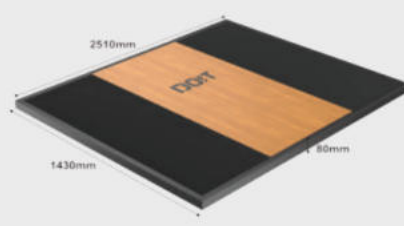
Platform Insert

Model	DT- SPF612
Dimensions	56" x 39" (142 x 100 cm)
Compatibility	Works with independent platforms DT-SPF613 / DT-SPF614, compatible with DT-SR615 Half Rack



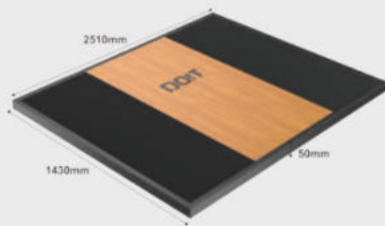
Platform

Model	DT - SPF614
Dimensions	80" x 99" x 3" (203 x 251x 8 cm)
Compatibility	Sold separately or paired with DT-SPF612. When combined, compatible only with DT-SR615 Half Rack.



Platform

Model	DT - SPF613
Dimensions	56" x 99" x 3" (143 x 251 x 8 cm)
Compatibility	Sold separately or paired with DT -SPF612. When combined, compatible only with DT-SR615 Half Rack.



Platform

Model	DT - SPF611
Dimensions	56" x 99" x 2" (143 x 251 x 5 cm)
Compatibility	Only be sold as a standalone unit and is not compatible with half racks.

DOIT[®]

Robur Series





Robur Series

Engineered with commercial-grade excellence for professional gyms, high-intensity training centers, and elite athletes. Crafted with precision and design that surpass industry standards, it delivers unmatched stability, safety, and enduring like-new performance. Choosing Robur means choosing a firm commitment to member safety and training effectiveness.



DT-45LP
45 Degree Leg Press



DT-FLP
Unilateral Flat Bench Press



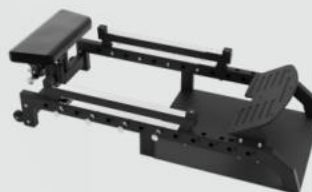
DT-ULP
Seated Leg Extension



DT-HPR
Functional Hip Trainer



DT-TPS
Seated Tricep Pushdowns



DT-FHB
Glute Bridge Bench



DT-SLP
Plate Loaded Leg Press



DT-HPD
Unilateral Wide Pulldown



DT-UHP
Lat Pulldown



DT-HCK
Dual-Direction Hack Squat



DT-IPF
Incline Chest Fly



DT-SCR
Standing Calf Raise



DT-VLP
Power Leg Press



DT-PST
Pendulum Squat



DT-TPL
T Bar Row

Robur Series



45 Degree Leg Press

Model:	DT-45LP
Dimensions:	2141 x 1616 x 1408mm
Max Plate Load:	N/A
Product Weight:	251kg
Shipment Weight:	N/A



Unilateral Flat Bench Press

Model:	DT-FLP
Dimensions:	2050 x 1800 x 1200 mm
Max Plate Load:	2 x 125kg
Product Weight:	122kg
Shipment Weight:	157kg



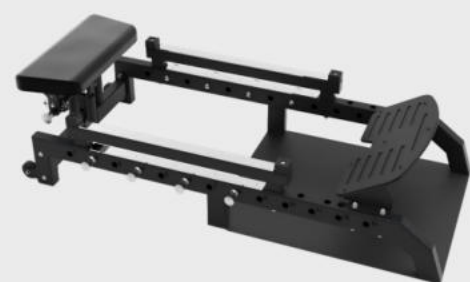
Seated Leg Extension

Model:	DT-ULP
Dimensions:	1750 x 1670 x 1020 mm
Max Plate Load:	2 x 125kg
Product Weight:	116 KG
Shipment Weight:	151 KG



Seated Tricep Pushdowns

Model:	DT-TPS
Dimensions:	1700 x 1550 x 950 mm
Max Plate Load:	2 x 125kg
Product Weight:	99kg
Shipment Weight:	133kg



Glute Bridge Bench

Model:	DT-FHB
Dimensions:	1700 x 1400 x 750 mm
Max Plate Load:	2 x 125kg
Product Weight:	99kg
Shipment Weight:	132kg



Lat Pulldown

Model:	DT-UHP
Dimensions:	1600 x 1850 x 2000 mm
Max Plate Load:	2 x 125kg
Product Weight:	187kg
Shipment Weight:	238kg



Dual-Direction Hack Squat

Model:	DT-HCK
Dimensions:	2600 x 1200 x 1650 mm
Max Plate Load:	2 x 125kg
Product Weight:	265kg
Shipment Weight:	305kg



Incline Chest Fly

Model:	DT-IPF
Dimensions:	2420 x 1900 x 1200 mm
Max Plate Load:	2 x 125kg
Product Weight:	76kg
Shipment Weight:	124kg

Robur Series



Power Leg Press

Model:	DT-VLP
Dimensions:	2600 × 1350 × 1500 mm
Max Plate Load:	2 × 125kg
Product Weight:	202kg
Shipment Weight:	247kg



Pendulum Squat

Model:	DT-PST
Dimensions:	2600 × 890 × 1700 mm
Max Plate Load:	2 × 125kg
Product Weight:	218kg
Shipment Weight:	274kg



Standing Calf Raise

Model:	DT-SCR
Dimensions:	1500 × 1100 × 1700 mm
Max Plate Load:	250kg
Product Weight:	146kg
Shipment Weight:	N/A



Functional Hip Trainer

Model:	DT-HPR
Dimensions:	1400 × 1150 × 1650 mm
Max Plate Load:	125kg
Product Weight:	160kg
Shipment Weight:	N/A



Plate Loaded Leg Press

Model:	DT-SLP
Dimensions:	2100 X 1550 X 1700 mm
Max Plate Load:	300kg
Product Weight:	253kg
Shipment Weight:	N/A



Unilateral Wide Pulldown

Model:	DT-HPD
Dimensions:	2050 X 1183 X 2013 mm
Max Plate Load:	2 × 125kg
Product Weight:	242kg
Shipment Weight:	N/A



T Bar Row

Model:	DT-TPL
Dimensions:	2150 X 1100 X 1300 mm
Max Plate Load:	125kg
Product Weight:	98kg
Shipment Weight:	N/A

DO!T® ComboX

Multifunctional + Customisable

Whether it is a small boutique studio or large comprehensive gym, the DO!T ComboX series offers customisable options for your needs. Its versatile configuration as well as compact design truly achieves maximum training efficiency and space utilization.

ComboX Series

The Combo X integrates core modules such as squat racks, smith machines and cable machines, allowing for flexible combinations based on user space layout and functional requirements. Regardless of the function, users can obtain the optimal configuration solution with Combo X.

Multifunctional Integration

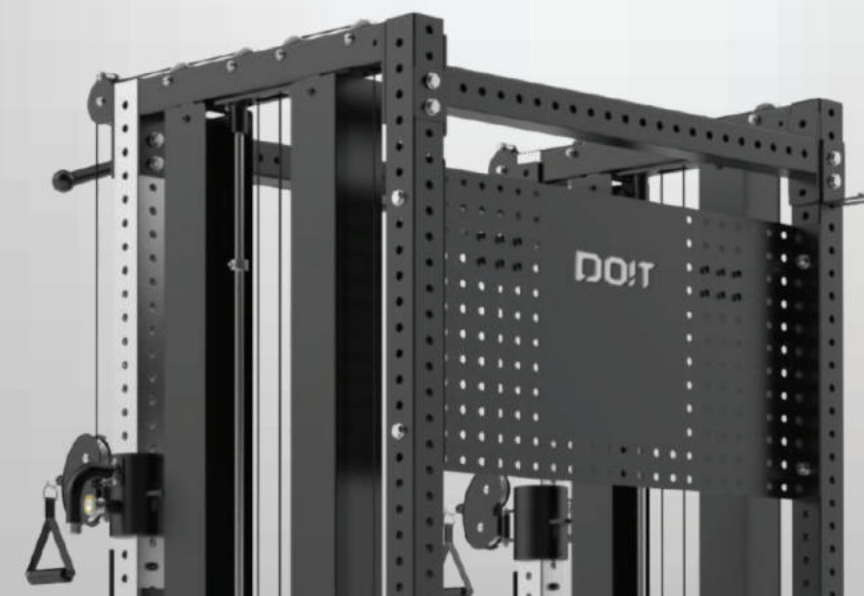
This versatile machine saves space while significantly improving training efficiency. Within a limited space, it meets your diverse fitness needs, easily accommodating both strength training and functional exercises.

High Quality Experience

From the carefully selected premium materials to every meticulously designed detail, high quality is the standard throughout. Whether it's the robust and durable structural design or the smooth and fluid motion experience, everything ensures you get the best feeling in every workout, making fitness more professional and comfortable.

Personalized Adaptation

With multiple adjustment functions such as height, weight, and handle width, it comprehensively meets the physical conditions and training goals of different users. Whether you are a beginner or an experienced fitness enthusiast, you can find a training mode that suits you, truly achieving personalized fitness and ensuring that every training session is precisely tailored to your needs.



DOIT®

ComboX

Multi-Functional Training Rack, Customized to User Needs

ComboX Series offers tailored combination options. From training function configurations to storage system designs, every aspect can be customized to meet user requirements: whether for small boutique studios or large comprehensive gyms, the most suitable version can be configured. All-in-one functionality, compact design—truly achieving "maximized training efficiency + maximized space utilization."



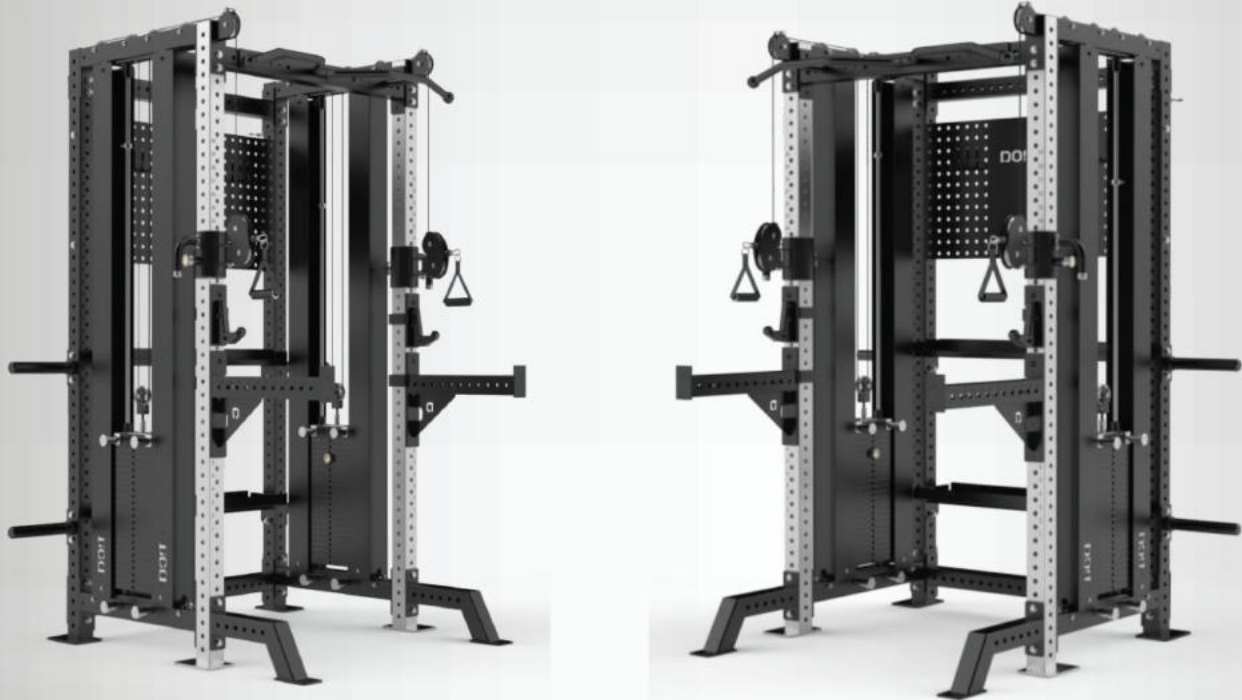
DT-RKC2
ComboX-Squat&DAP



DT-RKC3
ComboX-Squat&DAP/Smith

Classic Combination

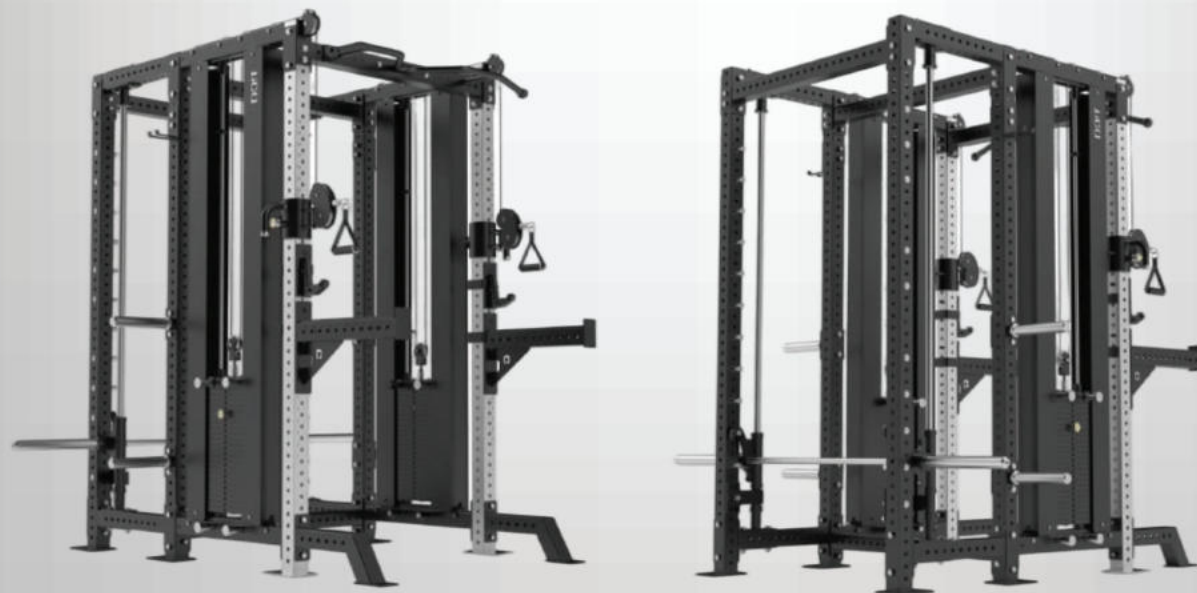
Combo X - Squat&DAP



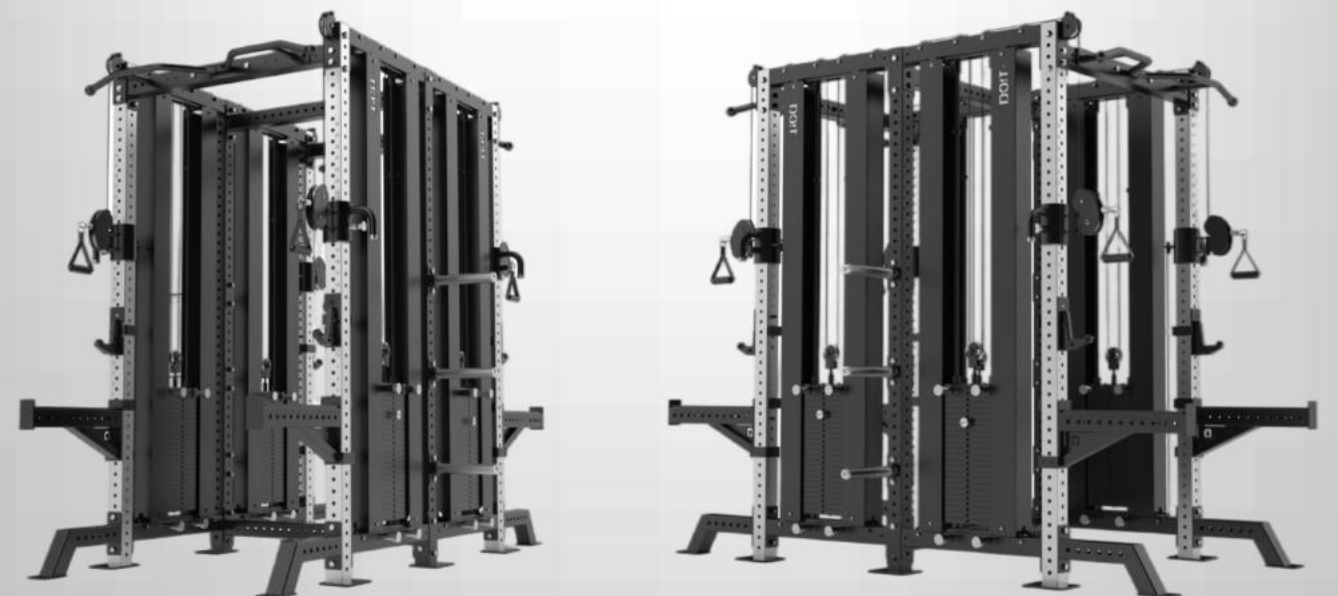
Combo X - Squat&DAP/Squat



ComboX-Squat&DAP/Smith



ComboX-Squat&DAP/Squat&DAP



ComboX



ComboX - Squat&DAP

Model	DT -RKC2
Dimensions	61" x 61" x 97" (194 x 194 x 245 cm)
Stack weight	265 lbs x 2 (120kg x2)
Product weight	N/A
Shipping weight	1521 lbs (690 kg)
Key Features	2-in-1 integrated functionality; Professional-grade safety; Personalized adjustment system; Stable & aesthetic structure



ComboX - Squat&DAP/Smith

Model	DT-RKC3
Dimensions	87" x 87" x 96" (222 x 200 x 245 cm)
Stack weight	265 lbs x 2 (120kg x2)
Product weight	N/A
Shipping weight	1764 lbs (800 kg)
Key Features	3-in-1 integrated functionality; Professional-grade safety; Personalized adjustment system; Stable & aesthetic structure

DOIT[®]

AIR SERIES



DOIT[®]

AIR SERIES

Introducing the eco-friendly Air Series. They harness power via body movement and magnetic resistance, helping you tailor your exercise experience to your own pace and goals.



Air Spinner



Air Runner



Air Move

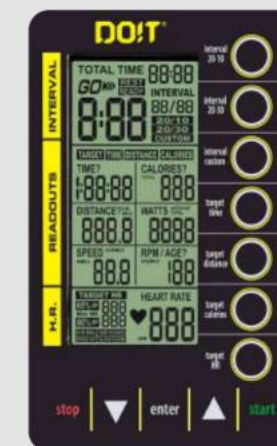


Air Rower



Air Bike

AIR RUNNER



Training Programs

Offers a choice of 7 training programs, including interval workouts and target-based settings



Self-Powered

Operates without a motor, allowing for manual control with no speed limitations



Magnetic Resistance

Equipped with 4 levels of magnetic resistance



The Console Display

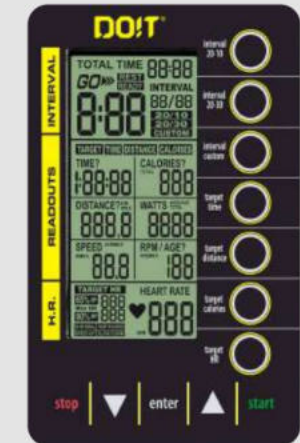
The console provides the elapsed time, distance, and speed



Transportation

Easy to move and transport, making it a versatile fitness solution for any space.

AIR BIKE (EDURO)



Multi-grip Handlebars

Multi-grip handlebars offer horizontal & vertical placement options to target different muscles, add comfort and ensuring a satisfying grueling workout!



Chromed Locking Mechanism

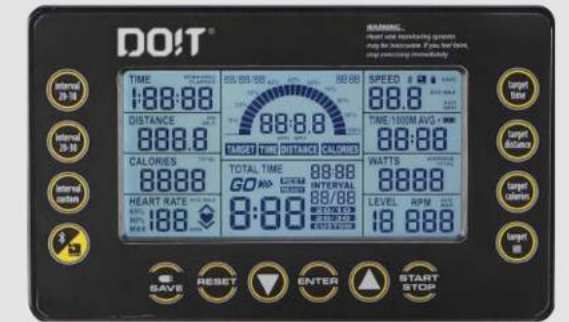
Chromed quick UP & DOWN height locking mechanism that ensure to fit all height adjustment securely.



Wireless Heart Rate Receiver

Built-in Polar wireless heart rate receiver to monitor heart rate precisely.

AIR SPINNER



Geometrical Structure Design

The structure is geometrical design that inspired by road bike. We like to simulate the indoor training condition as similar as on the road.



Wide Ranging Adjustment To Fit Various User

By adjusting the seat post and handlebar height, every user could find their most ideal riding position. Thus, cycling will no longer limit on single bike or specific athletes.



Dual Fan Wheel With 11 Level Bilateral Magnetic Resistance

Air Spinner can offer versatile training by various resistance. From flat road to uphill climbing. From sprint to endurance training.



Ergonomic Handlebar With Quick Release Mechanism

In order to fit different user, quick release mechanism can move the ergonomic handlebar smoothly to accurate position for individual user.



Wireless Console With Bluetooth and Ant+

Capable to connect with Kinomap, Zwift and etc. Avoid any kind of faulty cable issue during installation.

AIR MOVE (SA)



Three Training Positions:

Made to target a full-body workout. Top, Middle, Bottom position



Unique Upside-Down Design:

A meticulously designed mechanism that can also function in upside-down positions, creating even more training options and possibilities.



Quick Snap Technology:

Depending on different training demands, users can switch to the suitable handlebar rapidly.



Magnetic System:

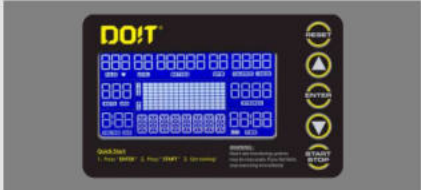
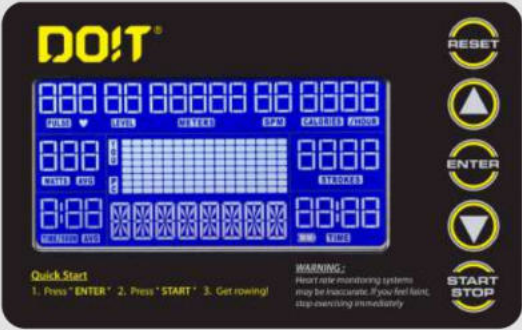
An additional magnetic system offers more intensity options. With 14 levels of adjustment, it can satisfy various training requirements, from rehabilitation to athlete training.



Different Models:

Versatile options to satisfy customer needs: Wall Mounted(WM), Wall-mounted with Rail (WR), and Stand Alone with Platform (SA).

AIR ROWER (SUPERO)



Blue Backlight LCD Screen

Large blue backlight LCD screen displays 8 workout modes: TIME, DISTANCE, CALORIES, STROKE, WATTS, PULSE, SPM TIME/500M also including Manual, Race, Profiles, Watts, H.R.C. & User x 5 programs.



Wireless Heart Rate Receiver

Built-in Polar wireless heart rate receiver to monitor heart rate precisely.



Programmable Motorized Control

16 sections intensity programmable motorized control, allowing users to choose the required feel of the stroke.



Adjustable Quick Footrests

Engineering oversized Adjustable Quick Footrests for easy and fast sizing.

DOIT®

TIMBER SERIES



DO!T®

TIMBER SERIES

Elevate your fitness with DO!T Timber Series wood dumbbells. Luxurious design, ergonomic grip, and a blend of stainless steel and natural timber. Perfect for personal trainers, gyms, and private users.



Timber dumbbell



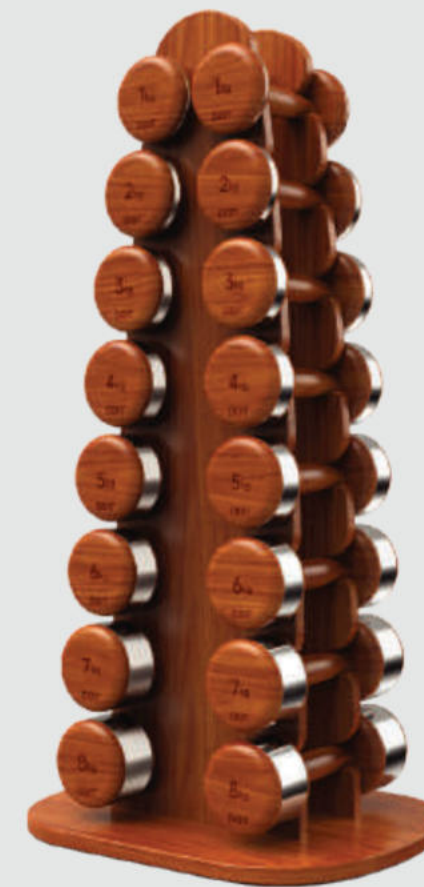
Timber dumbbell



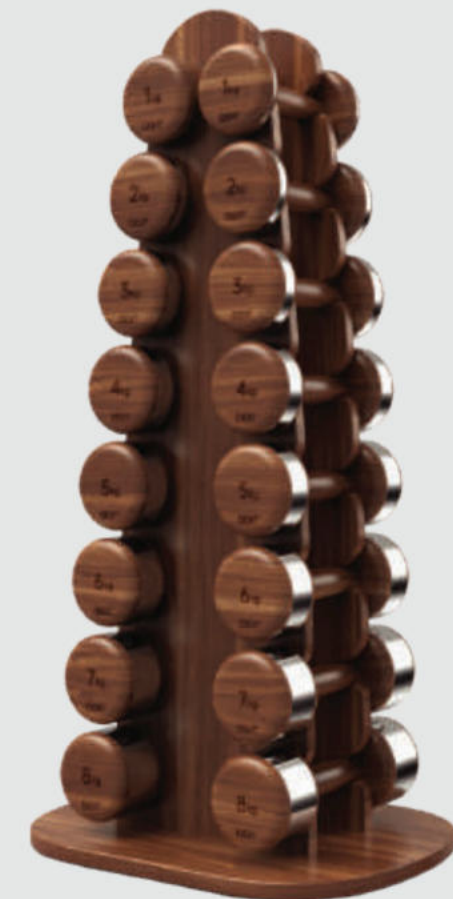
Timber bench



Adjustable Timber bench



Red Oak Dumbbell
Vertical Rack



Black Walnut Dumbbell
Vertical Rack

DOIT[®]

TIMBER RACK



Walnut Wood

Pure wooden handle, extraordinary

Ergonomic design, comfortable grip
Made from North American raw wood, naturally elegant



Cherry Wood

Luxurious touch that you can feel

Smooth and full wood, enjoy the ultimate
Weight-engraved body, creating simplicity



Walnut Wood

Reliable craftsmanship

Stainless steel inlay, solid sandwich
Precision manufacturing technology, fine polishing



Walnut Wood

Arranged from light to heavy

The logo is engraved on the side of the dumbbell
10 dumbbell levels cause workout enjoyment

DOIT®

TIMBER BENCH



Timber bench		
W x H x D	50" x 18" x 19" (127x 47 x 44.5 cm)	
Material:	North American Black Walnut Wood/ Red Oak Wood	
Steel:	SUS304 Stainless steel	
Color:	Natural Color Of Black Walnut Wood/ Red Oak Wood	

Adjustable Timber bench		
W x H x D	51" x 19" x 17" (127x 48 x 44 cm)	
Material:	North American Black Walnut Wood	
Steel:	SUS304 Stainless steel	
Color:	Natural Color Of Black Walnut Wood	

Walnut Dumbbell										
Weight:	1kg	2kg	3kg	4kg	5kg	6kg	7kg	8kg	9kg	10kg
W x H x D (cm)	21.1*11*11	23*11*11	23.5*11*11	25.5*11*11	26.8*11*11	28*11*11	29.5*11*11	31*11*11	32.5*11*11	34*11*11
Material:	North American Black Walnut Wood									
Steel:	SUS304 Stainless steel									
Color:	Natural Color Of Black Walnut Wood									

Cherry Dumbbell										
Weight:	1kg	2kg	3kg	4kg	5kg	6kg	7kg	8kg	9kg	10kg
W x H x D (cm)	21.1*11*11	23*11*11	23.5*11*11	25.5*11*11	26.8*11*11	28*11*11	29.5*11*11	31*11*11	32.5*11*11	34*11*11
Material:	North American Red Cherry Wood									
Steel:	SUS304 Stainless steel									
Color:	Natural Color Of Cherry Wood									

Black Walnut Dumbbell Rack		
Accommodated:	5 pairs of dumbbells	8 pairs of dumbbells
W x H x D	18" x 16" x 30" (45 x 40 x 76 cm)	20" x 16" x 45" (51 x 40 x 113 cm)
Thickness (mm)	20	
Material:	North American Black Walnut Wood	
Steel:	SUS304 Stainless steel	
Color:	Natural Color Of Black Walnut Wood	

Red Cherry Dumbbell Rack		
Accommodated:	5 pairs of dumbbells	8 pairs of dumbbells
W x H x D	18" x 16" x 30" (45 x 40 x 76 cm)	20" x 16" x 45" (51x 40 x 113 cm)
Thickness (mm)	20	
Material:	North American Red Cherry Wood	
Steel:	SUS304 Stainless steel	
Color:	Natural Color Of Cherry Wood	

DOIT[®]

ACCESSORIES



Sandbell



Kettle Bell



Weight Plates



Plyo Box



Power Bag



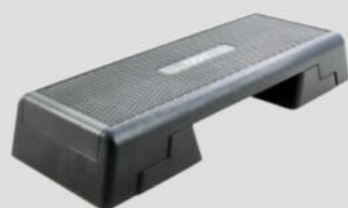
Slam ball



Boxing Gloves



Loop Bands



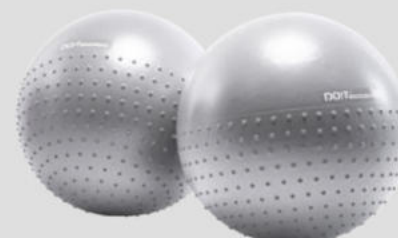
Stepper



Yoga Mat



Resistance Bands



Yogo Ball



Punching Bag



Resistance Tube
(5-in-1 Kit)

RUBBER DUMBBELL

Weight:

Standard: 2kg-20kg (2kg increments)

Large Weight: 22.5kg-45kg (2.5kg increments)

Dumbbell Execution Standard: NSCC-T025:2021

Features:

Made of imported pure natural rubber for optimal material selection and comfortable grip.
Clean and stable design with a simple profile.
Hard chrome handle to enhance product hardness, providing durability and resistance to wear and high temperatures, thus increasing the product's lifespan.
The handle's textured surface provides a comfortable grip and increased friction, ensuring the quality of the training.
Different weight levels meet various intensity training requirements, allowing for upper body training anytime, anywhere.



CPU DUMBBELL

Weight:

Standard: 2kg-20kg (2kg increments)

Large Weight: 22.5kg-45kg (2.5kg increments)

Dumbbell Execution Standard: NSCC-T025:2021

Features:

Made of high-quality polyurethane material, balancing aesthetics and practicality.
Hard chrome technology used in the handle to increase product robustness, ensuring training intensity and frequency.
Textured handle design for a comfortable grip and increased friction, ensuring the quality of the training.
The combination of design aesthetics and practical durability helps achieve the expected training results, sculpting muscles and defining lines.
Different weight levels meet various intensity training requirements, with shock and impact resistance for safer exercise.



OLYMPIC BAR

Dimensions: 28mm * 220cm
Standard 2.2m Olympic Weightlifting Barbell: Conforms to the International Weightlifting Federation (IWF) standards, suitable for Olympic weightlifting sports.
Maximum weight capacity: 1500 pounds.
Bearing bar with full hard chrome plating.



WEIGHT PLATES

Weight: 1.25kg-25kg (2kg increments)

Can be used in combination with a barbell or independently. Suitable for comprehensive training involving aerobic exercise, strength training, core workouts, and stability exercises. Meets various professional-level requirements and is also suitable for fitness enthusiasts' exercise needs.



BARBELL (CURLED/STRAIGHT)

Weight: 5kg-50kg (5kg increments)

One-piece molded design for convenient exercise. Different choices of straight bars or curved bars can be combined with various training programs. High elasticity, wear-resistant, and odor-free. Suitable for exercising arms, chest and abdomen, and back muscles. Practical and durable for long-term use.





RESISTANCE BANDS

Specifications: 35/65/85/125/170 pounds

Material: Pure natural rubber

DO!T Stretch bands are crafted using the manufacturing process of pure natural latex, ensuring clean materials and excellent elasticity. The stretching resistance of the resistance bands increases with the need for greater force. Different resistance bands can be chosen based on various training requirements. We offer five different intensity levels distinguished by color: purple, green, blue, red, and black. This color-coded system makes it easy to identify the suitable resistance band for specific training needs.

LOOP BANDS

Specifications: 10/20/30/40 pounds

Material: Pure natural rubber

DO!T Loops bands are crafted using high-quality natural latex, harnessing its natural elasticity to create a durable, elastic, and naturally resistant training tool. Various resistance levels are provided through green, red, blue, and black colored resistance loops. This color-coded system allows users to quickly identify the suitable resistance level for their training needs. The widened and enlarged resistance loops are suitable for lower limb resistance training.



RESISTANCE TUBE (5-IN -1KIT)

Specifications: 10/15/20/25/30 pounds

Material: Latex

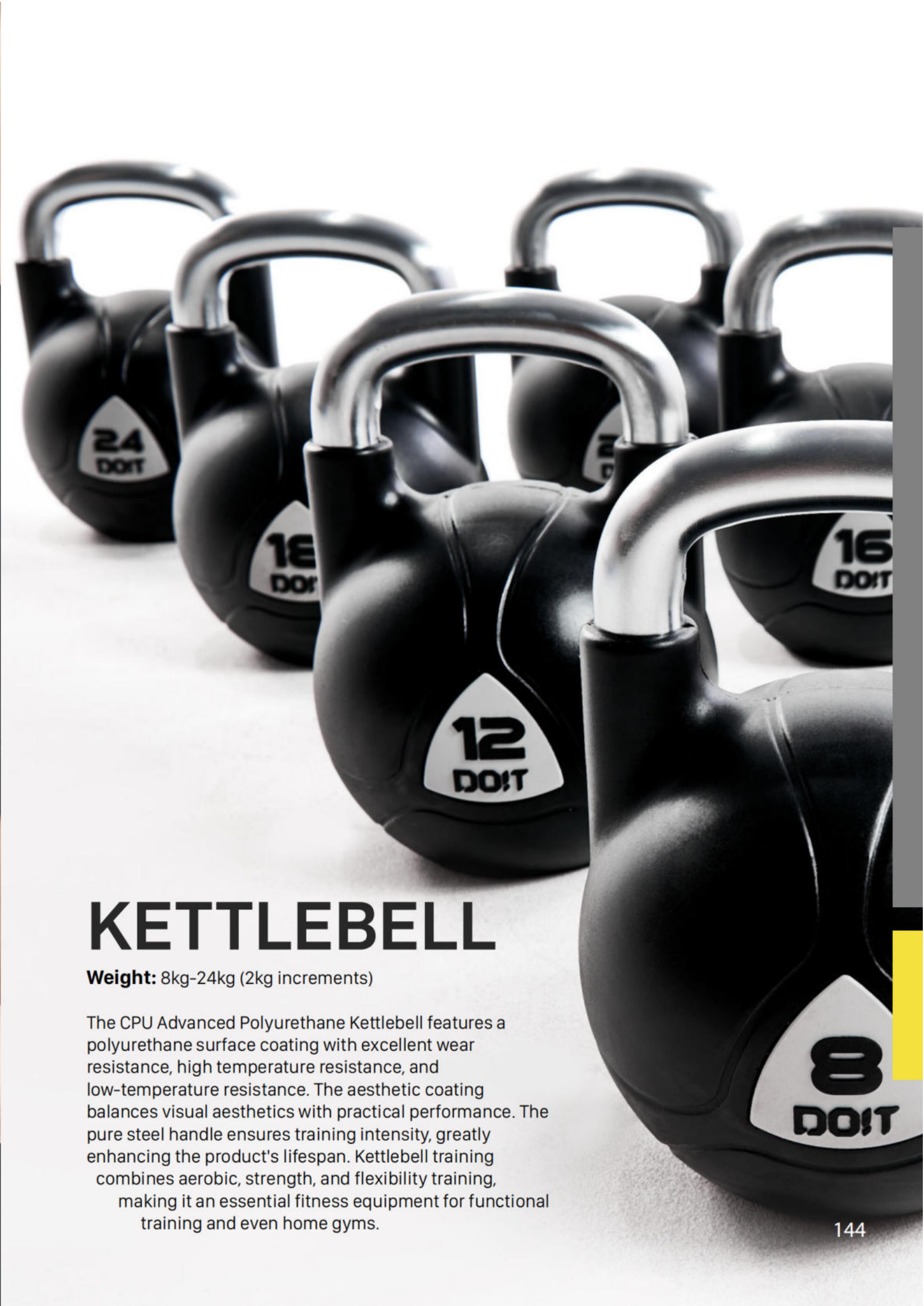
Includes five resistance bands with different levels of resistance and handles. Featuring a variety of colors - pink, green, blue, grey, and black - to distinguish between different resistance levels. These bands can be used individually or in combination. With the flexibility to mix and match based on training requirements and intensity, users can easily create personalized workouts, effectively targeting the shoulders, arms, chest, shoulders, and back. This set covers virtually all muscle groups for a comprehensive workout



WORKOUT GLOVES

Specifications: S/M/L/XL

Fitness gloves can alleviate hand fatigue and contain thick padding to help prevent blisters and calluses. During sweaty workouts, when the palms become sticky, DOIT Dynamic Training uses a unique hook rope design for easy removal of the gloves to avoid any difficulty in taking them off. The black and grey color combination offers a simple and elegant aesthetic. Made of polyester, the material is easy to clean and dries quickly, making it the perfect choice for fitness enthusiasts.



KETTLEBELL

Weight: 8kg-24kg (2kg increments)

The CPU Advanced Polyurethane Kettlebell features a polyurethane surface coating with excellent wear resistance, high temperature resistance, and low-temperature resistance. The aesthetic coating balances visual aesthetics with practical performance. The pure steel handle ensures training intensity, greatly enhancing the product's lifespan. Kettlebell training combines aerobic, strength, and flexibility training, making it an essential fitness equipment for functional training and even home gyms.

SANDBELL

Weight: 2kg/4kg/6kg

Made from high-quality chloroprene rubber material, it ensures endurance and performance throughout the entire exercise process. Each sandbag is marked with its respective weight, allowing users to quickly and easily identify the different weights during their workout.



POWER BAG

Weight: 5kg/10kg/15kg/20kg/25kg

Made from high-grade PVC leather, the surface is easy to clean, and it features strong and durable nylon straps. When the energy sandbag is compressed, internal air can be released through the vent holes. The special inner lining design ensures even distribution of weight within the sandbag.



CONDITIONING

Enhance Physical Fitness, Surpass Yourself. Whether it's strengthening the body for general health or elevating athletic performance, a diverse range of physical fitness training contributes to improved overall athletic abilities. DOIT Dynamic Training offers a variety of physical fitness training tools. Whether choosing agility training with training ladders or engaging in explosive full-body workouts with battle ropes, these high-quality and durable tools can unleash potential and help individuals surpass their own limits. Make physical fitness training more diverse and effective.

SPEED LADDER

Length: 5 meters

Train flexibility, balance, coordination, and enhance reaction capabilities. High-quality woven band, resistant to folding, with excellent flexibility. The black band with yellow stripes is eye-catching and bright, allowing the user to stay focused during training.



HURDLES

Sizes: Small, Medium, Large

A set includes three sizes, meeting the training requirements for footwork, bounce training, speed training, and more. The material is carefully selected, ensuring stability, aesthetics, wear resistance, and durability, enabling various training methods.

BATTLE ROPE

Dimensions: Length 1.5m, Diameter 3.8cm

Battle rope training is known as the 'comprehensive training tool' for physical training. Users of the battle rope can employ it for versatile exercises, enhancing muscle strength, body coordination, core strength, and cardiovascular function. The entire rope is wear-resistant and non-slip, made from high-density sturdy materials, ensuring durability and helping to achieve explosive full-body comprehensive training.





SPEED ROPE

Materials: Natural Rubber/Aluminum Alloy/Steel Wire

The aluminum alloy handle is sturdy and durable, with PVC-wrapped steel wire for safety and comfort. Jump rope exercises offer a variety of patterns, are easy to learn, time-efficient, and produce quick results.

Whether you are a beginner or a professional, you can achieve full-body training effects.

WOOD PLYO BOX

Dimensions: 40*50*60cm

Material: Imported European Pine Board, Natural Wood Color

The DO!T Wooden Jump Box is crafted from soft and abrasion-resistant natural wood, with increased thickness for enhanced durability. Featuring extra-large markings for clear visibility during use, the wooden boards are securely fastened with multiple screws, ensuring product safety and stability. Hollow handles on both sides facilitate easy movement.



SOFT PLYO BOX

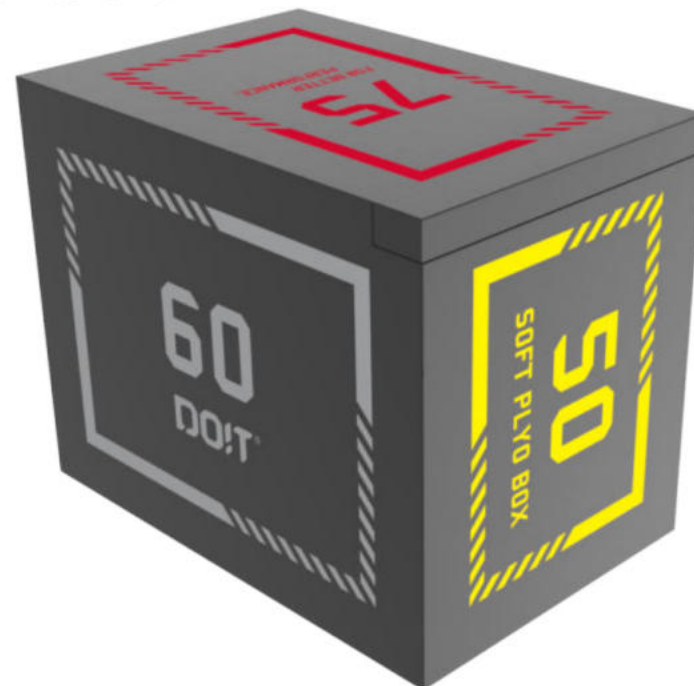
Dimensions:

914*762*76mm / 914*762*152mm /
914*762*304mm / 914*762*457mm /
914*762*609mm

Material: PVC + Recycled Cotton

The DO!T Soft Jump Box, with its soft surface material, effectively reduces impact pressure on joints. It can be safely stacked for use, and the nylon buckle ensures secure fastening with minimal space occupation.

Lightweight and easy to handle.



BOXING PAD

Size: One size fits all, individually packaged in a mesh bag

Ergonomic grip design based on human engineering, curved shape enhances precision and provides a comfortable feel. The striking area is wear-resistant and durable, meeting the requirements for training intensity and repetition





155

PUNCHING BAG

Dimensions: 118*35cm

Weight: 40kg

The DOIT Sandbag is meticulously crafted from selected materials, making it more robust, durable, and resistant to impact. Advanced technology is employed to evenly fill and compress the stuffing, enhancing the overall texture. The outer layer is wear-resistant and easy to clean, facilitating maintenance and keeping it in a pristine condition. Whether used for boxing, mixed martial arts, or fitness and recreation, it meets the diverse needs of different users.



BOXING GLOVES

Size: 10oz, individually packaged in a mesh bag

The DOIT Boxing Gloves feature ergonomic design, providing a comprehensive fit for both hands. They disperse impact force, offering full protection and minimizing the risk of injury. Effectively absorbing shocks during boxing practice, these gloves enhance comfort. With a wrist-hugging design, the gloves ensure proper support for the wrists during boxing training, and they are easy to put on and take off.

156

STEPPER

Dimensions: 98*38.5*18.5cm

Material: PP, TPE

Designed with anti-slip patterns based on human ergonomics, providing a safer and scientifically rational use. The black main body and black feet, with a white logo, present a clean and elegant appearance.



MEDICINE BALL

Weight: 1kg-10kg (1kg increments)

DO!T requires the use of durable natural rubber, with a simple composition, free of impurities, strong anti-oxidation ability, and a long lifespan. The surface texture design allows for better grip. It has good elasticity and a solid core. The thickness of the ball skin is uniform, ensuring even force distribution to achieve various training methods. Suitable for diverse training needs, enhancing explosive power and building a stronger physique.



SLAM BALL

Weight: 3kg-12kg (2kg increments)

DO!T Wall Ball is coated with high-quality PVC surface, making it easy to clean and maintain hygiene. The classic black and gray color scheme is easy to match, fitting well with the overall style of the training area. It is filled with high-density elastic sponge for durability, and the double-layer fabric ensures longevity. The fine and dense stitching increases durability, making it resistant to tearing and wear. It provides various training methods to meet diverse training needs.



RELAXATION AND STRETCHING ACCESSORIES

High-quality relaxation and stretching are crucial for both warming up before exercise and recovering after. The DO!T Relaxation and Stretching Accessories aid in relaxation and stretching, featuring a high-quality fascia gun, a preferred anti-compression and explosion-proof yoga ball, and a carefully selected yoga stretching strap. Portable and versatile, these accessories can be used in various scenarios, indoors or outdoors. They help fully relax the body, target specific muscle groups, and prepare the body for the next impact, ensuring it reaches an optimal state at any time.



YOGA BRICK

Specifications: 15*22.8*10cm

The DO!T Yoga Brick is made from high-density EVA material, providing strong support while preventing injuries from impact. It serves as an excellent training aid for practitioners, offering reliable support. The material ensures a non-slip surface even during sweaty sessions and is odor-free and corrosion-resistant. Carefully selected materials and manufacturing processes guarantee durability and support. It conveniently helps practitioners reduce training difficulty with safety and confidence.



YOGA MAT

Size: 173*60*0.6cm

The DO!T yoga mat is made from environmentally friendly materials, promoting a healthy lifestyle. It offers high comfort with sufficient resilience, resulting in a longer lifespan. Designed with anti-slip patterns based on ergonomics, it is more scientifically rational. The surface is non-slip, with a delicate texture, and the preferred material is easy to clean, resisting absorption of sweat stains to ensure safety and cleanliness. It assists in various yoga poses, reducing noise, promoting relaxation during exercise, and can be unfolded anywhere to become your training ground.



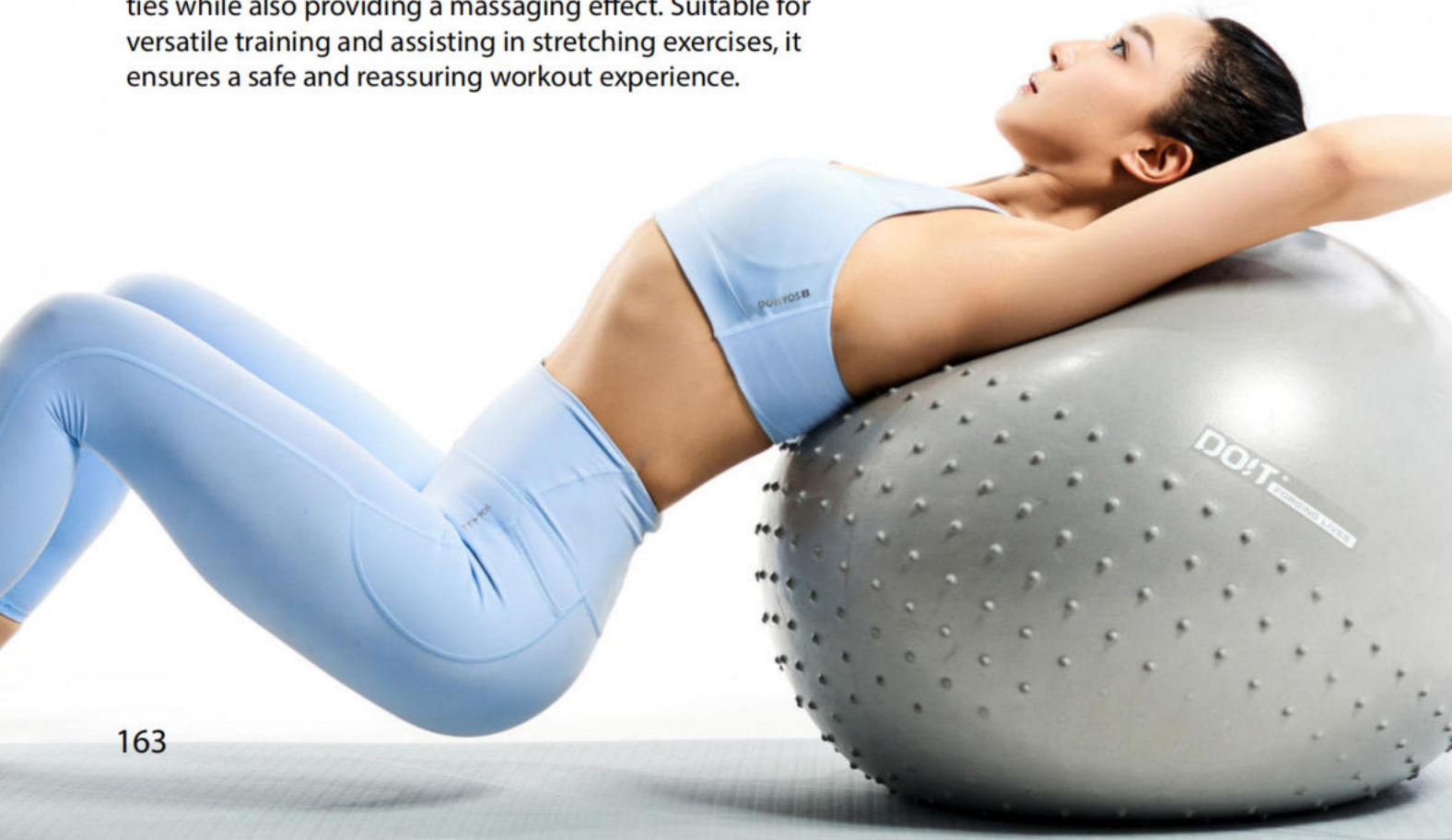
YOGA BALL

Diameter: 65cm

Weight: 1200g

Material: High-quality PVC

The DOIT Yoga Ball features a soft and comfortable surface, providing superior elasticity. Its thickened anti-burst design enhances durability and safety during use. With the addition of raised grain particles, it offers improved anti-slip properties while also providing a massaging effect. Suitable for versatile training and assisting in stretching exercises, it ensures a safe and reassuring workout experience.



YOGA STRAP

Specifications: 180*3.8cm

Material: Polyester-cotton blend

The DOIT Yoga Strap is crafted with tight weaving techniques, ensuring sturdiness and durability. It caters to various training positions, offering users different levels of stretching intensity. Made from a polyester-cotton blend, it maintains good elasticity and abrasion resistance in both dry and wet conditions. It's wrinkle-resistant, easy to wash, and quick-drying, providing a comfortable user experience for a more enjoyable practice.